

*The Town Nurse*

(413) 339-5520 Ext 107

Office hours: M, W, F 8am-4pm (hours may vary)

\*Office located in the Rowe Town Hall,

Second Floor\*



The **Town Nurse** is able to provide many services that could help you and your family without having to visit a doctor. Please feel more than welcome to drop in with any questions or concerns- I am more than happy to help in any way possible!

Services include:

* Assessments of a variety of illnesses and various symptoms, including ears, wounds, bug bites, rash, and many more.
* Blood pressure tracking and management, weight management, various blood tests.
* Recommendations for symptom management, health education and chronic illness monitoring
* Resource information- food, heating, caregiver resources, etc.