



MASSACHUSETTS

Introducing Smart90[®]

Convenience. Savings. Smart.

Getting 90-day supplies of certain maintenance medications saves you time and money.

With Smart90, you can get 90-day supplies of certain maintenance medications from a CVS Pharmacy[™] location or by mail order when you order them through Express Scripts[®], an independent company that administers your pharmacy benefits on behalf of Blue Cross Blue Shield of Massachusetts. Maintenance medications, also known as long-term medications, are prescribed to treat chronic or ongoing conditions, such as high blood pressure or diabetes. To view a list of medications that are eligible for the Smart90 program, please visit myblue.bluecrossma.com/90daymeds.

Advantages of Using Smart90

Smart90 saves you time and money. You'll pay less for a 90-day supply than you would for three 30-day supplies of your maintenance medications. You'll also be less likely to miss a dose since you won't have to refill as often.

Where to Get Your 90-Day Prescriptions

You have the choice to pick up your 90-day supply at any of the 9,800 CVS Pharmacy retail locations nationwide, or have it delivered to you when ordered through Express Scripts. Either way, you pay the same amount.

Smart90 Pharmacies

- Express Scripts
- CVS Pharmacy

Over 9,800
CVS pharmacies
nationwide*

*Includes CVS within a Target[™] location

Smart90 Savings Example*

Type of Prescription	What You Pay		
	Tier 1 Medication Copay ¹	Tier 2 Medication Copay ²	Tier 3 Medication Copay
30-Day Prescription	\$15	\$30	\$50
90-Day Smart90 Prescription	\$30	\$60	\$150

*Example is for illustrative purposes only. Check your benefit materials for details about your pharmacy coverage

^{1,2}Most maintenance medications fall under tiers 1 and 2 on a three-tier plan

How to Fill Your Prescriptions with Smart90

Using Express Scripts

To place your order:

1. Log in or register at express-scripts.com/90day, or call Express Scripts at 1-800-892-5119
2. Express Scripts will contact your doctor to get your 90-day prescription, and then deliver it right to your door

Orders are usually processed within 48 hours.

Delivery takes about eight days, or 10 to 14 days for new prescriptions. You can check your order status anytime by logging in to express-scripts.com and clicking on Order Status.

Using a CVS Pharmacy

Simply talk to your doctor or bring your prescription to a CVS pharmacist and ask about getting a 90-day prescription.

To find a CVS:

1. Go to [CVS.com](https://www.cvs.com)
2. Click Store Locator
3. Search for a pharmacy near you

How to Switch from Mail Order to a CVS Pharmacy

If you're already receiving your 90-day prescriptions through mail order using Express Scripts, but want to switch to CVS Pharmacy, go to your local CVS and tell the pharmacist. Remember to cancel your auto-refills from Express Scripts.

Questions?

If you have questions, call Member Service at the number on the front of your ID card.

Blue Cross Blue Shield of Massachusetts complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation or gender identity.

ATTENTION: If you don't speak English, language assistance services, free of charge, are available to you. Call Member Services at the number on your ID Card (TTY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: 711).

ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).



MASSACHUSETTS

® Registered Marks of the Blue Cross and Blue Shield Association. ® Registered Marks, ™ Service Marks, and ™ Trademarks are the property of their respective owners.
© 2018 Blue Cross and Blue Shield of Massachusetts, Inc., and Blue Cross and Blue Shield of Massachusetts HMO Blue, Inc.

188093M

55-1708 (12/18)



MASSACHUSETTS

Introducing Smart90[®]

Convenience. Savings. Smart.

With Smart90, you benefit by paying the same amount for a 90-day supply at a CVS retail pharmacy as you do through the Express Scripts[®] (ESI) mail service pharmacy.

As a Blue Cross Blue Shield of Massachusetts member, your medications are administered by Express Scripts, an independent company working on behalf of Blue Cross. With Smart90, you can save money by filling three-month supplies of your maintenance medications through the Express Scripts PharmacySM or now with the added convenience of picking up medications at CVS retail locations.

Smart90 Pharmacies

- Express Scripts mail service pharmacy
- CVS retail pharmacyTM



*Includes CVS within a Target[®] location

What are the Advantages of Using Smart90

Smart90 offers you the choice of receiving a three-month supply of your maintenance medication through a CVS retail pharmacy or through the Express Scripts mail service pharmacy. By choosing a three-month supply, you're likely to pay a lower amount than you would with three, one-month supplies. You are also less likely to miss a dose, which can keep you healthier. If you prefer to pickup your medication in person, you now have that added option at a CVS retail pharmacy.

To Get Your 90-Day Supply By Mail:

- Log in to express-scripts.com/3month or call Express Scripts at 1-800-892-5119.

To Get Your 90-Day Supply At CVS:

- To find a CVS pharmacy near you, log in or register at express-scripts.com/3month and select "Prescriptions," and click "Find a Pharmacy."
- Talk to your provider and CVS. They can tell you how to transfer your prescription or start a new one.

Frequently Asked Questions

How can I find out if my medication is eligible for the Smart90 program? Maintenance medications are prescription drugs used to treat ongoing conditions, such as diabetes or high blood pressure. You can find the list of eligible maintenance medications on our website at bluecrossma.com/homedelivery.

How soon will my medicine be delivered after it's ordered through the mail pharmacy? Orders are usually processed within 48 hours. Delivery typically takes about eight days (10-14 days for new prescriptions). Please have a one-month supply of your medicine with you when you place your order. You can check your order status by going online anytime.

What happens if I keep filling my long-term medicine like I'm doing now? You can continue filling a one-month supply instead of a three-month supply, however, you may be required to pay more than if you use one of the three-month options.

Questions? If you have any questions about Smart90, contact the Member Services number found on your Blue Cross ID card.