



MASSACHUSETTS

Diabetes Care Value Program

Your convenient and
rewarding approach
to better diabetes
management.

What We Know About Diabetes:



30 million adults in the U.S.
are currently managing either
type 1 or 2 diabetes.¹



33% of adults with
diabetes don't regularly
take their medications.²



Not taking prescribed diabetes
medication adds \$210 million
in annual health care costs.³

1. Centers for Disease Control and Prevention (CDC), National Diabetes Statistics Report, 2017.
2. Express Scripts Drug Trend Report, 2016.
3. Diabetes Dilemma: U.S. trends in diabetes medication use (an Express Scripts report), 2017.

Powered by:



Mango Health

What is Diabetes Care Value?

Diabetes Care Value is a program that gives you support, and rewards you for healthy habits. And it's designed to help you take greater control of your condition, and have a little fun along the way.

Adults living with diabetes that don't take their medication as prescribed experience:

1.5X

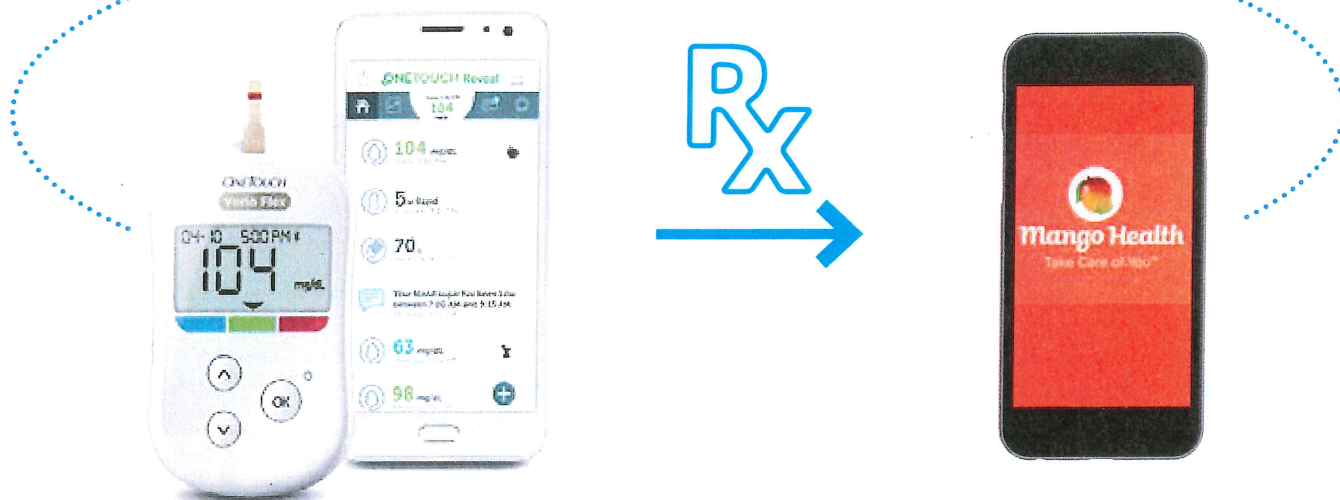
higher ER Costs

2X

higher hospital costs

How It Works

Remote Diabetes Monitoring from Express Scripts (ESI)



Know Your Numbers

OneTouch Verio® Flex

Use your Verio Flex Glucometer, synced with the OneTouch Reveal® app, to regularly record your blood sugar levels.

Features:

- Provided to you at no added cost
- Syncs automatically with your smartphone and the OneTouch Reveal app
- Logs test results and stores them within app for easy reference

If you're eligible, you will receive information from ESI in the mail with instructions for opting into the program.

Manage Your Condition & Prescriptions

OneTouch Reveal App

As you track your blood sugar levels, the Reveal app sends your data to ESI's Diabetes Support Team - a group of specialized clinicians and pharmacists. They'll be ready to offer support when you need it.

Features:

- Syncs seamlessly with the OneTouch Verio Flex Glucometer
- Shares test results with your diabetes support team, which includes a pharmacist
- You can easily print your results to share them with your doctor

Download: OneTouch Reveal App

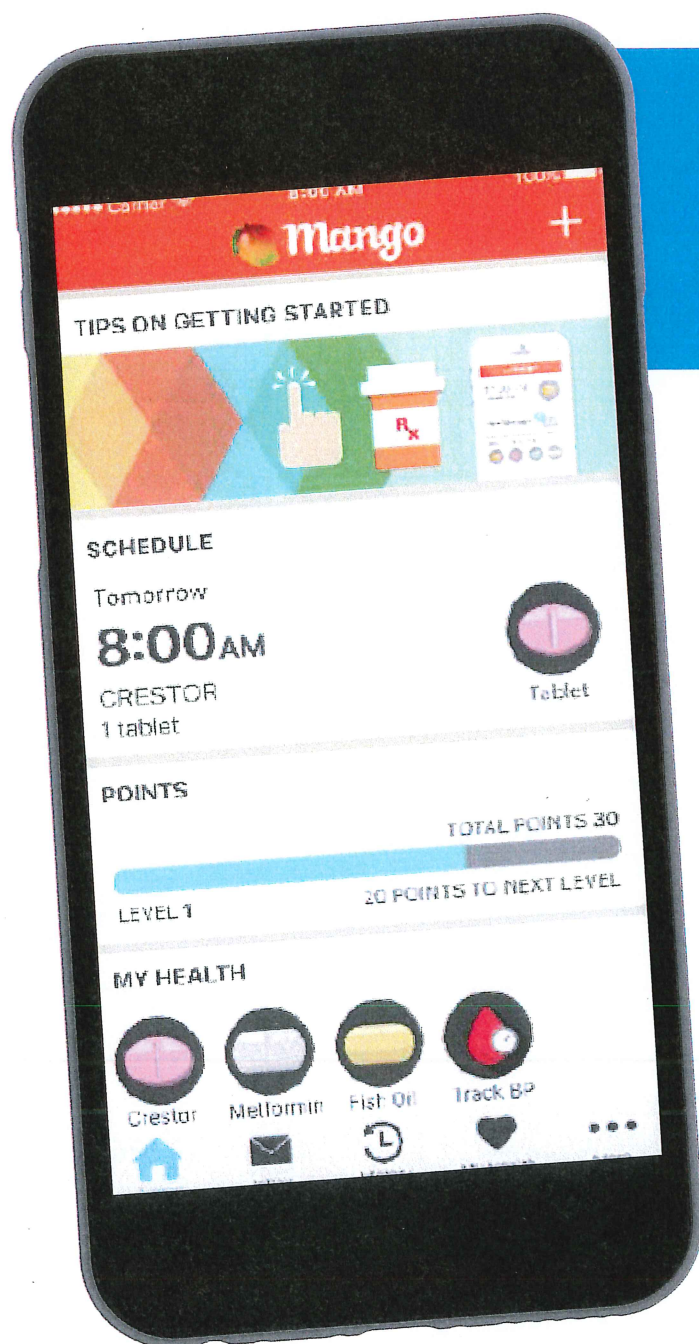


Diabetes Therapeutic Resource Center

ESI Diabetes Support Team receives data and tracks blood sugar levels, analyzes trends, and performs interventions. The Center provides access to personalized care from a pharmacist with experience working with people managing diabetes.

Mango Health

To help you take greater control of your health, enjoy enhanced convenience, and have some fun along the way, our DCV program features:



Mango Health App: Health Management Made Fun

Make Your Daily Health Habits More Rewarding

We've partnered with Mango Health, an independent health management company, to give members access to a new app that turns managing and sticking to your medication schedule into a fun, social game. On Mango Health, you get rewarded for every healthy habit you reinforce, which means the more that you adhere to your medication schedule, the more rewards you'll receive!

Features:

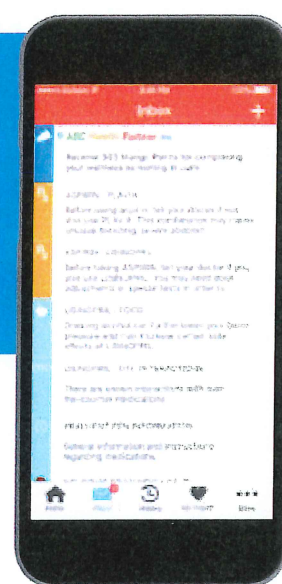
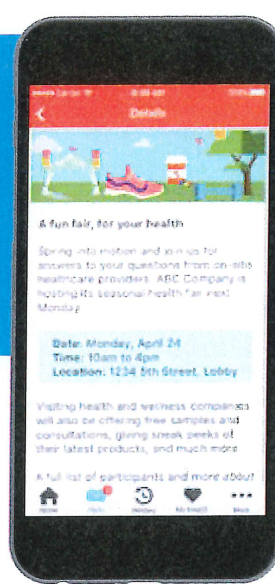
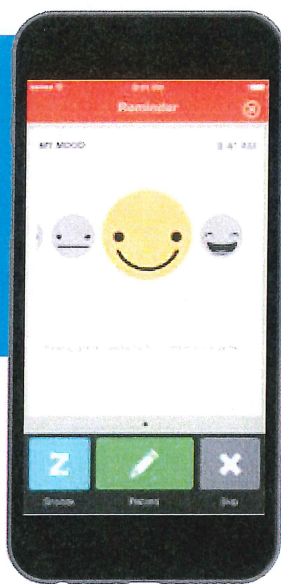
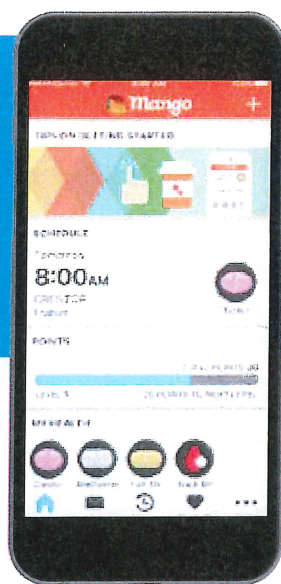
- One-click prescription drug refills
- Daily reminders for healthy habits
- IOS and Android compatible
- Self-reporting, with photos

Download: Mango Health App



Getting Started with Mango Health

A Rewarding Experience from the Start
Download the Mango Health app and
receive a \$10 Amazon gift card.



Get Started and Get Rewarded

If you're eligible, you'll receive a postcard from Mango Health with instructions and a personalized activation code. You can download the Mango Health app from your device's app store, and use your activation code to sign up and automatically earn a \$10 Amazon gift card.

Create Your Routine

Customize your own routine of healthy habits.

Stay on Track

Get automatic reminders that help you stick to your set goals.

Earn Rewards

Every time you take your medications on time, and stick to other healthy habits, you earn points that can be cashed in for exciting rewards.