



Volume 45 Issue 7
Established 1975

THE *Rowe Goal Post*

July 2026



photo by Brooke Shulda

TOWN OF ROWE



SUMMER

July 11 Social

Join us for a fun-filled day at the park!

9 AM - 2nd Annual Pickleball Tournament

10 AM - Live Raptors with Vermont Natural History Museum

11 AM - 2 PM - McKay's Family Animal Adventures ! - Petting Zoo

1 PM- 2PM - Live music from the Jazzy Girls

11 AM - 1 PM - Tie Dye Crafts

1 PM - Community Cake Picnic Bring your favorite homemade cake to share, sample everyone else's creations!

Games available all day- Volleyball, badmitten, horseshoes, bocci ball, cornhole & more

Pack a lunch to enjoy in the park

Chips & drinks provided



ALL ARE WELCOME!

This program is funded in part by a grant from the Rowe Cultural Council, a local agency which is supported by Mass Cultural Council, a state agency.

TOWN OF ROWE
Board of Health

321 Zoar Rd.

boh@rowe-ma.gov
(413) 339 -5520 Ext 105

Rowe, MA 01367

PLEASE NOTE: The BOH Office will be closed the week of July 6th!

Dear Rowe Resident:

FY27 dump tags are effective **July 1, 2026**. The yearly price remains \$25.00! This includes a hang tag and 52 bag stickers.

Please note the following:

- All tags purchased after September 1, 2026, will be \$50.00.
- Lost or replacement tags are an additional \$25.00. This does not include additional stickers.
- Additional stickers can be purchased throughout the year for \$1 ea or a lot of 28 stickers for \$25.00.



There are various options to pay for your FY27 tag and stickers:

- 1) **Online:** Rowe offers the convenience of online payments through UniPay. You may pay by eCheck (ACH) or by any credit/debit card. Please visit The Town of Rowe Website home page and scroll down to “pay other bills”. Credit card and check charges can occur. The office will mail out your packet.
- 2) **Mail/Drop Box or In-Person:** A personal check or money order made out to the Town of Rowe. Stickers will be mailed to you, or you may pick up at BOH office. (Open every Tuesday, Wednesday or Thursday from 8:00am to 1:00pm).

Respectfully,

Rowe Board of Health

PLEASE CUT AND RETURN

Form of payment: _____

Herb Butzke

Kathleen Atwood

Christine Bailey

Assessor's News

Submitted by Christine Bailey

Recent Property Transfers (May/June 2026)

Further details may be obtained by researching the specific deeds at the Franklin County Registry of Deeds website at masslandrecords.com/franklin

DEEDS RECORDED:

PARRINGTON, DIANE J. & LATTANZI, STEVEN J., of Rowe, MA, for consideration of \$1.00, grant to **PARRINGTON, DIANE J. & LATTANZI, STEVEN J., CO-TRUSTEES OF THE PARRINGTON-LATTANZI INVESTMENT TRUST**, of Rowe, MA property located at 544 Tunnel Road (Map 404 Lot 006) (Bk 8647 Pg 262)

TRUESDELL II, RICHARD HENRY of Orange, MA, for consideration of \$305,000.00, grant to the **TOWN OF ROWE**, of Rowe, MA property located on Tunnel Road (Map 407 Lots 004 & 024) (Bk 8656 Pg 174)

SURVEY PLANS RECORDED:

Survey of Land on Tunnel Road for **MASS AUDUBON** (Map 407 Lots 004 & 024) (Bk 158 Pg 3)

Assessor's Meetings and Office Hours

Assessor meetings are held in person on a monthly basis (as posted) at the Town Hall. Christine Bailey (Assessor's Administrative Assistant) has posted office hours on **Wednesdays (8am to 1pm)** and **Thursdays (8am to 1pm)**. Christine can be reached in the Assessors' Office at **413-339-5520 x104**, via fax at 413-339-8585 or via email at assessor@rowe-ma.gov. For additional information please also refer to the Assessor's page on the Town website at rowe-ma.gov



Fox kit next to the Gracy house

photo by Donna Butzke

Hawlemont/Rowe Majors baseball team, Brisson Lawn Care won the Championship game against JS Rae, on Saturday June 13th at Cricket Field.



The Rowe elementary students, grades 3 through 6 spent time on the morning of June 5 helping with planting flowers at the Rowe Pelham Lake entrance. They also assisted with cleaning up the area at Percy's Point. They all did a terrific job along with their staff and teachers. Check out the beautiful plantings! Much appreciation goes to the school for their community spirit and helping the Rowe Beautification committee.

The Beautification committee would like folks to come forward to become a member. We would also appreciate a kind person to help with some weed whacking. Please contact Cyndie 413-339-4231 for any questions or if you can help. As always, thank you.

-submitted by Cyndie Stetson

Senior Picnic

Laughter • Food • Drinks • Neighbors



Come on down to the Pelham Lake Gazebo
and enjoy a beautiful afternoon with food,
drinks, friends and a view! Brought to you by
the Rowe Park and the COA

July 23rd 1130am-2pm

AND

August 13th 1130am-2pm

Town Mosaic

The Town Mosaic has been completed! The Mosaic Committee thanks everyone who helped make this project come to life. We thank the Cultural Council for its generous grant, the committee for meeting to review design ideas, learn mosaic techniques, and order materials, the library for hosting the design-your-small-canvas event, and the many individuals who worked on Wednesdays and Thursdays to bring the design to life. It was a pleasure seeing everyone work together to create this unique art. The mosaic will be mounted on the Town Hall Building and displayed to welcome visitors, friends, and residents for many years to come. Date of installation to be announced....



Early morning Pelham Lake

photo by Claudine Poplawski



Rowe Town Library News
Submitted by Molly Lane,
Library Director

HOURS:
Tuesday 10-5
Wednesday 12-8
Thursday 3-7
Saturday 10-3

Upcoming Events:

We are excited about the coming construction of the library addition and renovation. During the first phase of construction the library will remain as it is, serving from our building. The noticeable change being that we will not have access to our upper parking lot. We apologize to those that this will be a hardship and request that you please call or email us so we can work out how to still best serve your library needs during this time.

Exciting things are happening and we are so excited to watch it all unfold. Thank you for your continued support!

Programs:

Our Summer Reading Program has kicked off! We will have an event/craft every Wednesday in July!

July 1st, July 8th, July 15th, July 22nd, and July 29th at 2:30pm. Come join us as we enjoy each other's company and make beautiful projects! (All ages welcome)

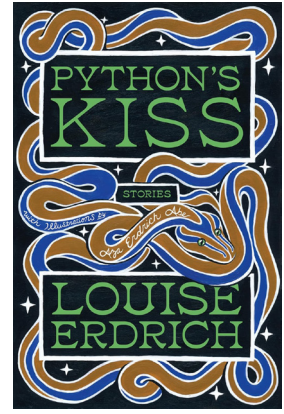
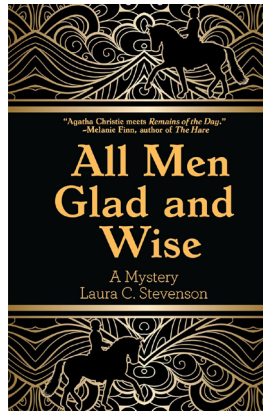
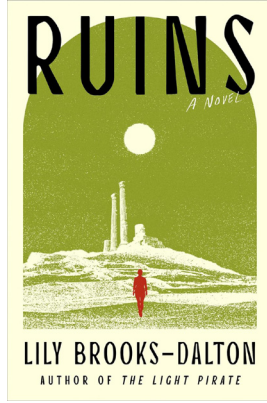
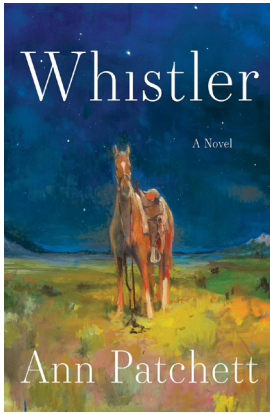
Book Chat on Thursday, July 16th @ 5:30pm - We will be reading "Leaving Time" by Jodi Picoult, come grab a copy and join the conversation

Story Hour with Angela - "Ocean Time" Saturday, July 18th @ 1pm

We will be CLOSED on Saturday, July 4th

Some New Books at the Library

Adult Fiction:



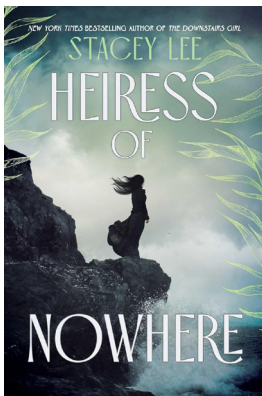
NonFiction:



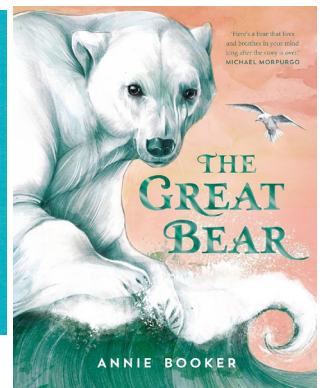
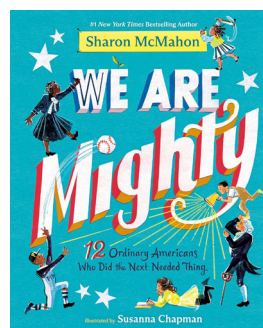
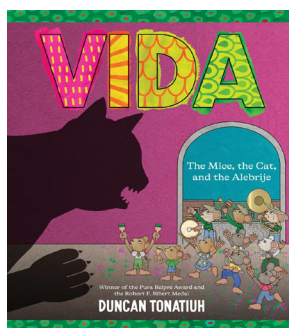
Graphic Novel:



YA:



Kids:





ROWE ELEMENTARY SCHOOL

It's hard to believe that this year has gone by so fast. Just over a year ago I accepted the position of Principal. My predecessor, Bill Knittle, believed that school was a place to educate the whole child and that our work is not solely limited to academics. That is why we spend so much time, in addition to our base curriculums, on skills like respect, assertiveness, empathy, and grit. It is also why we try to build community into almost every activity we do. This has been something I have worked hard to continue this year and will continue in my years to come.

From August 27th when we began the school year to a beautiful graduation ceremony for our graduates, it has been another year like none other. Here are some of the highlights that stand out: The first day of school watching the students arrive, and how excited they were to see their friends again. Observing in all the classrooms, seeing how well all the staff worked to support the students' learning throughout the year. Our Open House in September, and seeing so many parents, guardians and other family members join us to hear what plans we had for the year. The amazing amount of support that the PTP provides to the school through activities like Kids Night Out, Trunk or Treat and the many fundraisers. Our Cultural Study program, where we studied Costa Rica this year. Students learned some interesting facts, some songs and even learned to make some traditional Costa Rican foods that were shared at one of our monthly Community Lunches. Speaking of Community Lunches, Ms. Kelly worked hard throughout the year to provide our students with nutritious and delicious breakfasts and lunches each day. On several occasions, we were also joined by community members and family members, making these meals an even more special opportunity to connect and celebrate together. A Penny War fundraiser, Friendship Dance, The Music, Art and Talent Shows, field trips, trips to the park, walks to the library, Field Day, 6th Grade Send-Off and Graduation. I could go on....this is just a snapshot of the amazing things that happened. And not to be lost, this year Rowe School was honored as one of only 13 Districts in the Commonwealth to reach prepandemic levels of MCAS scores. A testament to the hard work the teachers and students have put in.

I know I've said it before, but it bears repeating: we are blessed with amazing staff, wonderful parents and a supportive community. Thank you to all the school staff, school families, School Committee, North Berkshire School Union Central Office, and especially the Rowe Board of Health who helped make this year a supportive and positive one.

Though the summer is definitely a quieter time for our school, there is still a lot happening. Summer School is happening at the Rowe School again. You will see some construction happening as an old oil tank is removed from the ground and some HVAC work is done thanks to a grant secured from MA

DESE. The school is being made ready for the next school year, there is professional development going on for teachers as well as time to relax and recharge so they'll be ready to get the most out of their new students in the fall, and plans are being made to make next year a great one at the Rowe School. We will be looking for parent and/or community volunteers to help out at the school again next year. I'm excited about the upcoming school year, so many great things are coming, I'll be sharing them with you. If you have questions or concerns, please call me at 413-512-5200. You can also email me at jfriedman@roweschool.org. I look forward to hearing from you.

submitted by Jon Friedman



The 6th Grade Class

Rowe School Positions Available 26-27 School Year

- Teaching Assistant - 7.75 hours per day
- Cafeteria Assistant - 5.5 hours per day

Interested candidates please contact Jon Friedman directly at the school | (413) 512-5101 or submit a resume and cover letter jfriedman@roweschool.org.

Rowe Riders and Road Safety: A Reminder About Sharing the Road with Horses

By Shot-C Beaumier

As the Town of Rowe continues to grow and the long-awaited bridge project nears completion, more residents and visitors will once again be traveling our scenic roads. With that increased traffic comes an important reminder: horses and riders have a legal right to use Massachusetts roadways, and motorists play a critical role in keeping everyone safe.

As a lifelong equestrian and local resident, I have witnessed many different ways drivers react when approaching a horse on the road. Some motorists slow down, give ample space, and pass carefully. Others unfortunately continue at high speeds, pass closely, or accelerate while moving by. While these actions may seem harmless from behind the wheel, they can create dangerous situations for both horse and rider.

Horses are prey animals. Even the calmest, most experienced horse can become startled by loud noises, sudden movements, or vehicles passing too quickly. A frightened horse can react unpredictably, placing the rider, the driver, passengers, and other road users at risk.

Under Massachusetts law, horses are recognized as lawful users of public roadways. According to Massachusetts General Laws Chapter 90, motorists approaching a horse or horse-drawn vehicle must exercise caution and reduce speed as necessary to avoid frightening the animal. Drivers should be prepared to stop if needed and should only proceed when it is safe to do so.

When encountering a horse on the road, motorists should:

- Slow down well before reaching the horse.

- Move over into the opposite lane when it is safe and legal to do so.

- Pass slowly and quietly.

- Avoid revving engines or accelerating while passing.

- Refrain from excessive horn use unless absolutely necessary for safety.

- Be prepared to stop if the rider signals that the horse is nervous or unsettled.

Riders also have responsibilities. Equestrians should ride predictably, remain attentive to traffic, wear appropriate safety gear, and use reflective equipment whenever possible. Most riders in our area work hard to be respectful road users and appreciate motorists who do the same.

Rowe has a long history of agriculture, outdoor recreation, and horse ownership. In recent years, interest in horseback riding has continued to grow throughout the hilltowns. Our quiet roads, beautiful scenery, and extensive trail networks make Rowe an attractive place for equestrians. As more riders take advantage of these opportunities, awareness and cooperation from the driving public become increasingly important.

A few extra seconds spent slowing down and giving a horse plenty of room can make all the difference. It may prevent an accident, an injury, or the loss of a beloved animal. Most importantly, it helps ensure that Rowe remains a welcoming and safe community for everyone who uses its roads.

As the bridge reopens and traffic patterns return to normal, let's take this opportunity to remember that roads are shared spaces. Whether you're driving a car, riding a horse, walking, or cycling, patience and courtesy go a long way toward keeping our town safe.

For Rowe's equestrians and their horses, that consideration means more than convenience—it can mean the difference between a peaceful ride and a dangerous situation. Please slow down, move over, and give horses the space they need. Your neighbors, both two-legged and four-legged, will thank you.

ROWE HISTORICAL SOCIETY PRESENTS

Hoosac Tunnel at 150

with Carl Byron, author of *A Pinprick of Light*

Sunday, July 26, 2026



Join us!

3:00—5:00 pm

Rowe Historical Society

282 Zoar Rd, Rowe, MA

\$10 at the door, under 18 free

Rowehistory.org

“If it wasn’t for RHS founders, Rae Kemp and Helen McCarthy, I’m not sure “A Pinprick of Light” would have ever seen the light of day! I will always have fond memories of them, their generous assistance, and the Rowe Historical Society.

—CARL BYRON

Summer Sun Safety

There are multiple types of skin cancer that can affect the human body. The most common types are basal cell and squamous cell carcinoma as well as melanoma of the skin. All three common types of skin cancer are caused by ultraviolet (UV) light overexposure. The most recent data shows that in 2022, the United States had 97,059 new cases of Melanomas of the skin that were reported. That means for every 100,000 people, 24 new cases of this cancer were reported. The National Weather and Environmental Protection Agency developed a UV index that consists of a scale that ranges from 0 to 11+, 0 being no UV exposure. UV indexes are calculated daily and can be found on your local weather station or on the internet. If the UV scale is at a 3 or higher, UV protection is recommended as skin damage can be caused in as little as 15 minutes of sun exposure. UV levels of 8 or above are considered very high-extreme and extra protective measures should be taken (see below).

Sun safety recommendations include seeking shade from the sun whenever possible. Wearing protecting clothing such as long sleeves and pants is also recommended. When temperatures are higher out, wearing light colored clothing and light material clothing is best. Wearing a hat that shades your entire face, head, and ears will help protect you from damaging UV rays. Sunglasses also help to reduce UV damage to your eyes and reduce the risk of cataracts. Although most sunglasses sold in the U.S. do have UVA and UVB ray protection, check to be sure that the sunglasses you purchase offers this protection as well. And lastly, sunscreen with an SPF greater than 15 is highly recommended to absorb or reflect damaging UV rays to your skin. Be sure to apply sunscreen even on overcast days as UV rays can still go through cloud cover and reapply sunscreen every 2 hours or more frequently if swimming or sweating in the summer heat.

The ABCDE's of melanoma as listed below and pertain specifically to moles on the body. Be sure to have a provider or family/friend check behind your ears, neck, and back where skin is commonly exposed to sun but may be difficult to see on your own.

A- **Asymmetry**

B- **Border** is irregular

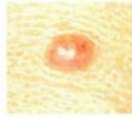
C- **Color** is mixed

D- **Diameter** is larger than 6mm

E- the mole **Evolves** over time

The ABCDE's of melanoma

Benign



Asymmetry: One side is different from the other



Border is irregular, notched, or blurred

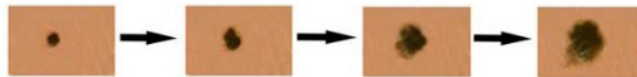


Color is mixed



Diameter is larger than 6 millimeters

Mole **E**volves over time



Malignant



CDC. (2019). United States Cancer Statistics: Data Visualization. <https://gis.cdc.gov/Cancer/USCS/DataViz.html>

CDC. (2020). Sun Safety. CDC. https://www.cdc.gov/cancer/skin/basic_info/sun-safety.htm

Harvard Health Publishing. (2014). Melanoma. Harvard Health Publishing; Harvard Medical School. <https://www.health.harvard.edu/cancer/melanoma-overview>

submitted by Rachel Lewis



**** Council on Aging –Enjoying Summer Fun****



In June, the COA hosted AARP rep Steve Lanning for a lecture about ‘Making Cents of Caregiving’. The lecture helped us understand more about the costs and responsibilities associated with caregiving and introduced people to AARP’s Financial Workbook for Family Caregivers, a practical guide focused on health, housing, and money management. Of course there were treats and we all got to learn something new. Thank you to AARP and Steve Lanning for coming out to share knowledge. July will be packed full of fun community activities, so come along and join in!

UPCOMING ACTIVITIES

WALKING CLUB: runs each Monday in July starting Monday, July 6 at 10am. The walk will be 1-1.5 hours of moderate intensity so make sure to bring good walking boots, warm clothes and water. **MEET AT THE TOWN HALL!** No need to sign up- just show up ** In case of inclement weather, the walking club MAY be cancelled. Use your best judgement for your own safety**

SUMMER SOCIAL & CAKE PICNIC: At Pelham Lake Park, Sunday, July 11th from 10am-2pm join town folk for a community social event. For the second year running, the Council on Aging along with the immense help of Cyndie Stetson, is hosting a “Cake Picnic,” at the summer social and asking residents to bring a cake to share (only from 1-2pm)- Please contact Cyndie at the ccstet29@gmail.com for more information. Last year was such a delicious success- show off your baking skills and sample other’s baking creations!

SAVE THE DATES : For 2 Summer Picnics hosted by Rowe Park and COA. **July 23rd and August 13th** from 1130am-2pm- there will be a BBQ with desserts at the Pelham Lake Park gazebo. Please save the date and come join us for lunch, social, and beautiful views!

Strong Bones Exercise Class with Kate Peppard: FREE to Rowe residents. Join us on zoom for this 6-week offering to experience acclaimed Kate Peppard’s ‘Strong Bones’ class. A class that was developed by a physical therapist during the Covid-19 lockdown to help people maintain their muscle mass and bone strength. The class involves stretching, hand weights, and leg weights in seated and standing exercises. Balance work is also incorporated. The class will run *WEEKLY on TUESDAYS from 8:30am- 9:30am from August 18th until September 22nd*. Please see Town website under COA page for zoom link (closer to the time), or email/call Donna or Rachel at the Town Hall for more information and to receive the zoom link. Please feel free to utilize the exercise room in the town hall for this weekly class. The TV can be set up to connect to the zoom if advanced notice is given!

Participants will need/are encouraged to have: 1 ankle weight- 1-5lbs (or an adjustable ankle weight would be best) and 1-2 sets of light dumbbells (2-5lbs)

Coffee and Puzzle Weekly Meet-Up: On the 2nd floor in the Town Hall, outside the fitness room, you will find a coffee/tea station and a puzzle set up and ready to go for you every day the town hall is open. Bring a friend or come alone but drop in to add a few pieces in the community puzzle while enjoying a brew.

Memory Café and Caregivers Support Group: The Shelburne Senior Center is offering two helpful resources for residents who are caring for seniors. The Memory Café is held on the third Friday of each month from 12 to 2, and offers a healthy lunch, a speaker or entertainment, and camaraderie for seniors and their caregivers. Also, the center offers a Caregiver Support Group on the first Monday of the Month, at 2 p.m. Both these resources are offered for free, and the center requests that you sign up a day or two ahead of time by calling 625-2502.

submitted by Rachel Lewis

AARP caregiving presentation



PELHAM LAKE PARK NEWS



Mt. Monadnock from the 'Perch' lean-to on Adams Mt.

photo by Claudine Poplawski



Pitcher plants blooming in the little bog on Davis Mine Rd.

photo by Claudine Poplawski

Town Completes Acquisition of Open Space & Recreation Conservation Land on Tunnel Road

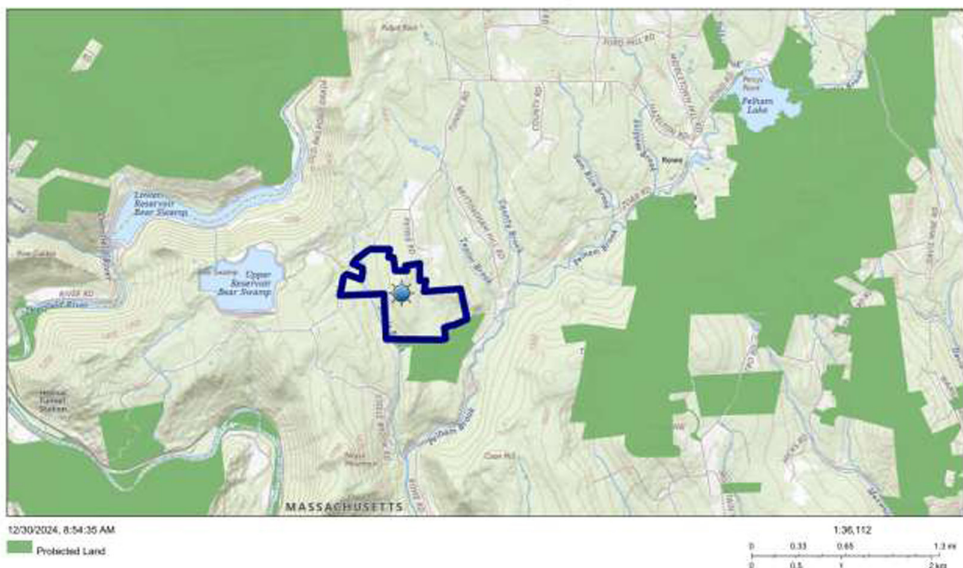
In June, the Town of Rowe completed the purchase of approximately 182 acres of undeveloped land on Tunnel Road that will benefit current and future generations and, per the deed, is “dedicated exclusively and in perpetuity for conservation and passive recreation purposes.” The \$305,000 purchase price and associated administrative costs were covered entirely through grant awards from the Massachusetts LAND Grant program, the Open Space Institute, and the Mass Audubon 30x30 Catalyst Fund, with no cost to the town.

The OSRC would like to extend its sincere thanks to everyone involved in the successful purchase of this property. In particular, the OSRC would like to thank Liam Cregan of the Franklin Land Trust and Aaron Nelson of Mass Audubon whose expertise enabled us to successfully secure these grants and ensure the smooth completion of the survey work, management plan, closing, and countless other critical deliverables to meet the grant criteria and complete this project. We would also like to remember the late Dave Rothstein of Mass Audubon; if not for his vision and relationship-building, none of this would have been possible.

Early this summer, the OSRC, in partnership with the Park Commission and volunteers, will be conducting trail-building work. If you would like to help with our trail-building efforts, please contact the OSRC at openspacerecreationcommittee@gmail.com.

The Committee will host an “Opening Day” ceremony to welcome the public to the property. The opening ceremony is targeted for late summer/early fall.

Congratulations to all!





As Tree Warden, it can sometimes feel like my work is consumed by death and disease — declining trees, pests, and the many pressures wearing away at our beloved canopy. So it's a real pleasure to share my notes on something more hopeful: tree planting! We need to both manage our declining trees and plant the next generation, and I'm excited to begin that work in the months ahead.

The Golden Rule of planting is "Right Tree, Right Place." Choose a tree for its long-term viability — considering its mature height, shape, and shade tolerance. This means selecting the right species for the years ahead and accounting for soil moisture, wind exposure, and proximity to buildings, power lines, wells, and septic fields. Much as we might love a palm tree in the front yard, they're simply a poor fit for Rowe. Many of our traditional favorites — Sugar Maple, Hemlock, Spruce, and most evergreens — are going to struggle in the decades ahead. According to US Forest Service long-range climate forecasts, White Oak, Pignut Hickory, and Red Maple will be among the top picks. If you'd like more suggestions or a detailed species list, just reach out.

When it comes to planting, bigger is often not better. I love working with young saplings, often just one or two years old. While many people want an "instant tree," large ball-and-burlap specimens can be awkward, expensive, and far more prone to transplant stress. For \$15–\$30 each, you can get fresh, locally grown, vibrant young saplings that establish much more readily. Buying local — from excellent area nurseries like Nasami Farm/Native Plant Trust — means planting a tree sourced from our soils, our climate, and local seed stock with greater natural resistance to disease. By contrast, big-box store trees, convenient as they are, tend to carry some of the highest rates of transplant mortality.

Planting technique matters. I love digging in and getting my hands dirty. Gently tease apart the root ball and inspect all the roots. If you find any circling or deformed roots at the base, prune them before planting — this reduces the risk of Stem Girdling Root (SGR), a common cause of premature tree death. Plant so that the root flare (those "tentacles" at the base of the trunk) is visible at or near the surface; never bury it deep in the planting pit. Avoid compacting the soil around the roots — just add water and let the mud settle the tree in naturally. In most cases, bracing or tethering is unnecessary and actually counterproductive: young trees develop stronger trunks when they're free to flex in the wind. That early "flexure" is vital to long-term health.

Watering is the single most important factor in a tree's success or failure. Plan on roughly 10 gallons per week for each inch of trunk diameter. And don't overlook deer browse protection — whether tree tubes or fencing, the choice is yours based on your situation.

I'm happy to answer any questions, and I can't wait to kick off Rowe's own planting program next spring.

~Connie Englert, Massachusetts Qualified Tree Warden, rowetreewarden@gmail.com, 413.337.1913



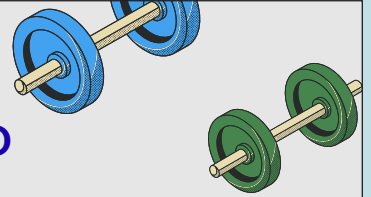
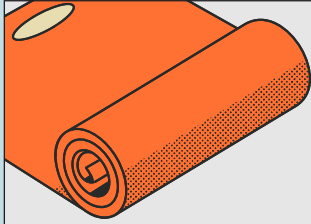
an early circling root



Carya ovata (shagbark hickory) locally sourced

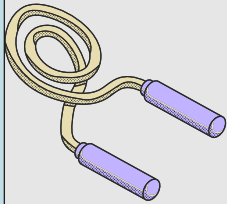


a newly planted sapling with deer protection

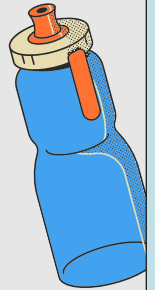


WITH KATE PEPPARD

BROUGHT TO YOU BY THE
ROWE COA



STRONG BONES



Build/maintain muscle mass and bone strength through stretching, balance work, hand weights and leg weights during seated and standing exercises.



VIA ZOOM

Weekly on Tuesdays

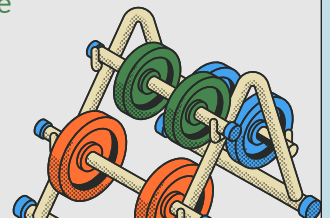
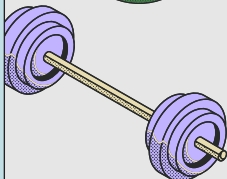
8:30-9:30am

August 18th- September 22nd



Contact COA members Donna or Rachel to receive zoom link or find on the town website

adminasst@rowe-ma.gov
nurse@rowe-ma.gov



Town Departments

The Town Hall is Open Monday-Thursday 8:00am-4:00pm (413) 339-5520

Position/Dept.	Ext #	Email Address	Hours
Town Administrator	100	townadmin@rowe-ma.gov	Mon-Thurs 9am-4pm
Admin Assistant	101	adminasst@rowe-ma.gov	Mon-Thurs 9am-4pm
Town Accountant	102	accountant@rowe-ma.gov	By Appointment Only
Town Clerk	103	townclerk@rowe-ma.gov	Wed - 5pm-7pm, & by Appt
Board of Assessors	104	assessor@rowe-ma.gov	Wed-Thurs 8am-1pm
Board of Health	105	boh@rowe-ma.gov	Tues-Thurs 8am-1pm
Treasurer	106	treasurer@rowe-ma.gov	Tues/Wed 2-4pm, Thur 10-12pm
Tax Collector	106	collector@rowe-ma.gov	Tues/Wed 2-4pm, Thur 10-12pm
Town Nurse	107	nurse@rowe-ma.gov	Mon, Wed, Thurs 8am-4pm
DPW	111	dpwhighway@rowe-ma.gov	Monday - Friday 6:30a-2:30p
Fitness Center	149		Mon,Wed 9am-11am/4pm-6pm

Emergency Services

Position/Dept.	Ext #	Email Address	Hours
Fire Chief	112	firechief@rowe-ma.gov	Thursday's 2pm-8pm
EMD	112	firechief@rowe-ma.gov	Thursday's 2pm-8pm
Police Chief	113	policechief@rowe-ma.gov	by Appointment Only
Public Safety Adm	115	publicsafetyadmin@rowe-ma.gov	M&W 3pm-9pm; Fri 7:30-3:30

Town Library (413) 339-4761
rowelibrary@gmail.com

Transfer Station (413) 339-0216
boh@rowe-ma.gov

Days	Hours
Tuesday	10am-5pm
Wednesday	12pm-8pm
Thursday	3pm-7pm
Saturday	10am-3pm

Days	Hours
Wednesday	7am-10am & 4pm-7pm
Saturday	8am-2pm
Sunday	8am-Noon

Elementary School (413) 512-5100

Name/Position	Ext. #	Email
Principal, Jon Friedman	1	jfriedman@roweschool.org
Secretary, Laurie Laffond	2	llaffond@roweschool.org
Nurse, Lydia Brisson	3	lbrisson@roweschool.org

The Rowe Goal Post
P.O. Box 462
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The Rowe Goal Post

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