



Volume 45

Issue 1

Established 1975

THE  
*Rowe Goal Post*  
January 2026



photo by Claudine Poplawski

**Assessor's News**  
Submitted by Christine Bailey

## **Recent Property Transfers (December 2025)**

Further details may be obtained by researching the specific deeds at the Franklin County Registry of Deeds website at [masslandrecords.com/franklin](http://masslandrecords.com/franklin)

**ELIZABETH J. HALL**, of Brattleboro, VT, for consideration of \$1.00, grant to **ELIZABETH J. HALL TRUST** of Brattleboro, VT, property located at 50 Pond Road (Map 201 Lot 004) (Bk 8577 Pg 333).

**KATZ, DEBORAH M.**, of Greenfield, MA, for consideration of \$1.00, grant to **KATZ, CORY** of Greenfield, MA, land located on Leshire Road (Map 402 Lot 063) (Bk 8578 Pg 177).

**NEWREZ, LLC d/b/a SHELLPOINT MORTGAGE SERVICING**, of Greenville, SC, for consideration of \$113,000.00, grant to **ANGELICO, JOSEPH** of Charlemont, MA, property located at 96 Ford Hill Road (Map 202 Lot 069) (Bk 8582 Pg 151).

### **TOWN CLERK NEWS**

Submitted by Kevin Balawick, Town Clerk

**Office hours Wednesday 5-7 PM and by Appointment**

Important Topics: Annual Street List; Special Election February 7th; Vote-by-Mail Application; Dog License Application.

Happy New Year! Early this month you should have received a letter from me, the Town Clerk. Included with the letter are the Annual Street List, Dog License Application, and Vote-By-Mail Applications. Please fill out the census as soon as possible and return it to the Town Hall. The town and state use the information to help the town continue to function smoothly. If you do not return the census any voter on the form will be moved to the inactive voter list. Please also complete your dog license application as soon as practical. Dog licenses expire on April 1st, 2026. Finally, for the first time I have included Vote-By-Mail applications for each voter with the census letter. The state has done a poor job in the last two years of distributing their applications, and those applications were confusing. If you would like to vote-by-mail you can select individual elections or primaries or select all elections to vote-by-mail which will include our Local Election and our Special Election in February.

The Special Election will take place on Saturday, February 7th from 10am-2pm. Vote-by-mail ballots will go out as soon as I start receiving applications. The only office on the ballot will be a 2-year term for Selectboard to fill the current vacancy. The candidates on the ballot will be Edward Silva and Wayne Zavotka. As always the ballots will also allow for write-in candidates.

Nomination papers for our May Local Election are currently available. In next month's issue I will list the offices that are up for election. Please reach out to me directly if you are interested in running for any office in town.

## Board of Health News

Submitted by Christine Bailey

# HOLIDAY RECYCLING REMINDER

**Happy Holidays!** Thank you for your recycling efforts over the past year. Following are some guidelines for recycling during the holiday months and all year long:

Please **DO** include the following items in your paper recycling mix:

**YES**

- ✓ wrapping paper, gift bags, tissue paper (except these materials w/ metallic inks, glitter, or foil)
- ✓ corrugated cardboard boxes, paperboard gift boxes
- ✓ paper shopping bags (any type of handle is okay)
- ✓ paper greeting cards (not with metallic inks, glitter, or foil; remove batteries)
- ✓ catalogs, calendars and magazines



TIP: Keep a recyclable bin or paper bag handy near gift unwrapping.

Please **DO NOT** include the following items in your household recycling:

**NO**

- ribbons, bows, and tinsel (reusable from year to year)
- holiday light strings (accepted in scrap metal dumpsters & WTE scrap metal, Greenfield)
- packing peanuts, Styrofoam™, bubble wrap, inflatable "air pillow" packaging (clean, dry packing materials accepted for reuse at The UPS Store in Greenfield.)
- plastic bags, plastic shipping envelopes, bubble wrap, air pillows (recycle at grocery stores along with clean, dry plastic bags marked #2 or #4 <https://nextrex.com/view/educate#materials1>)
- formed plastic packaging from items like toys and electronics
- glossy photographs, paper envelopes with bubble wrap inside, ornaments, decorations

Questions? Franklin County Solid Waste Management District: [info@franklincountywastedistrict.org](mailto:info@franklincountywastedistrict.org), (413) 772-2438

More info: [franklincountywastedistrict.org](http://franklincountywastedistrict.org), [springfieldmrf.org](http://springfieldmrf.org).

MA Relay for the hearing impaired: 711 or 1-800-439-2370 (TTY/TDD).

## Tesla Recalls Powerwall 2 AC Battery Power System due to Fire and Burn Hazards; Risk of Serious Injury or Death.

As of November 13, 2025 Tesla issued a recall on the Powerwall 2 AC Battery Power System. The firm has received 22 reports of overheating, including six reports of smoking and five reports of fire resulting in property damage. The recalled units were sold online and through certified Tesla installers nationwide from November 2020 through December 2022.

If you have a Powerwall 2 system check that it is online and check the Tesla App for a notification about whether the unit is included in the recall. Tesla has remotely discharged (or removed energy from the battery of) affected Powerwall 2 systems that are online to prevent overheating until the replacement is installed.

Submitted by Dennis M. Annear

## **Reduce Trash this Holiday Season What to recycle, creatively reuse, and compost**

During the holiday season, the average American family disposes of 25% more trash than they usually do (source: US EPA). Much of this trash be reduced, reused, recycled or composted. When residents reduce their holiday trash, they can save money on “Pay As You Throw” town trash stickers or bags, reduce carbon and methane emissions, and protect our environment.

### **Recycling Yes/No**

The following paper items are on the “yes” list for household recycling: wrapping paper, gift bags, tissue paper, and paper greeting cards/envelopes. However, do not recycle these paper items if they contain metallic inks, glitter, or foil (for example, foil-lined envelopes). Tape and labels are okay. Remove batteries from singing greeting cards before recycling the card.

Other recyclable paper items include catalogs, calendars, paper shopping bags, and cardboard (both corrugated and paperboard). Here’s a holiday tip: when opening or wrapping gifts, keep a paper bag handy to collect paper recyclables.

These items are on the “no” list for household recycling: ribbons, bows, tinsel, glossy photo cards, holiday light strings, Christmas tree netting, packing peanuts, bubble wrap, paper envelopes lined with bubble wrap, Styrofoam in any form, plastic shipping envelopes, batteries, and the molded plastic used to package toys and electronics.

Some of these items, called “tanglers,” are not acceptable in municipal recycling programs because they get wrapped around and tangled in the sorting equipment at recycling facilities (i.e. holiday light strings, power cords, and Christmas tree netting).

### **Recycling Options for Other Materials**

Many of these unacceptable items can be recycled elsewhere:

Holiday light strings and power cords are accepted for recycling at scrap metal dealers and in the scrap metal dumpsters at town transfer stations. In addition, a mail-in program is available at [holidayleds.com](http://holidayleds.com).

“Pack and ship” stores, for example The UPS Store in Greenfield, accept clean, dry packing materials such as bubble wrap, packing peanuts, and inflatable “air pillow” packaging for reuse.

Plastic bag recycling programs at grocery and retail stores accept bubble wrap, plastic shipping envelopes (no paper), inflatable “air pillow” packaging, and more. A list of acceptable items is at: [nextrex.com/view/educate#materials1](http://nextrex.com/view/educate#materials1).

Gold Circuit E-Cycling in Agawam accepts various types of Styrofoam foam from the public for a fee: (413) 328-3187, [goldcircuit.io](http://goldcircuit.io); [recycleyourfoam.com](http://recycleyourfoam.com).

Certain batteries (rechargeable, button, and lithium) are accepted for special recycling at transfer stations; place in plastic bags and hand to the attendant. Staples Stores accept a wide range of batteries for free recycling.

When the holidays are over, check with your town about Christmas tree recycling.

## Creative Reuse

In addition to recycling, consider wrapping your gifts in reused materials. Gifts can be creatively wrapped in reused wrapping paper, old calendar pages, sheet music, maps or map book pages, paper bags, old posters, wallpaper scraps, fabric, scarves, newspaper, comics, or kids' artwork.

Gifts can be wrapped in reusable cloth bags, decorative tins, reusable shopping bags, or baskets. Or make the wrapping part of the gift; for example, a kitchen towel or oven mitt to hold kitchen utensils or gadgets, or a book wrapped in a scarf.

Gifts can be tied up with twine and adorned with natural items such as pinecones, pine or holly branches, shells, or buttons. Colorful old holiday cards can be cut up to reuse as gift cards.

One of the most important steps for reusing materials is unwrapping gifts carefully and saving gift wrap, ribbons, bows and gift bags for reuse next year.

## Compost

Another way to reduce holiday trash is to compost food and paper waste generated from holiday meals. Municipal transfer station compost programs accept all types of solid food waste, including meat, bones, cheese, plus paper waste such as paper napkins, paper towels, and more. Unacceptable items include liquids, foil, metal, glass, and plastic.

The following transfer stations have compost programs: Bernardston, Charlemont, Colrain, Conway, Deerfield, Leverett, Montague, New Salem, Northfield, Orange, Shelburne, Warwick, Wendell, and Whately. Gill residents have access to a special food waste drop-off program; contact town hall to learn more.

The Solid Waste District sells discounted "Earth Machine" home compost bins and compost pails: \$25 or \$65 depending on the resident's town. It is not recommended to put meat, bones, dairy in home compost bins.

For more information: Franklin County Solid Waste District: (413) 772-2438: [info@franklincounty-wastedistrict.org](mailto:info@franklincounty-wastedistrict.org); [franklincountywastedistrict.org](http://franklincountywastedistrict.org).

MA Relay for the hearing impaired: 711 or 1-800-439-2370 (TTY/TDD).

## From the Finance Committee

With two Finance Committee members currently running for the vacant Selectboard position, the committee will seek an additional member to serve until the May 2026 election. Interested residents are encouraged to contact the Town Administrator to express their interest. Please email [townadmin@rowe-ma.gov](mailto:townadmin@rowe-ma.gov) or call (413) 339-5520 x100.

Daniel Pallotta  
Finance Committee, Chair



Rowe Town Library News  
Submitted by Molly Lane,  
Library Director

**HOURS:**  
**Tuesday 10-5**  
**Wednesday 12-8**  
**Thursday 3-7**  
**Saturday 10-3**

**Library of Things - Tool Lending Library....** Have you heard of these? They are both ways to borrow "things" from the library. We have many items, from small to pretty large, inside use and outdoor use. And we are always looking for suggestions and donations. Stop by to see our collection. Or give us a call to see if we own something you are looking for.

**Upcoming Events:**

**Drop-in knitting/crocheting** (or other yarn and fiber crafts), Tuesdays from 2pm to whenever. Starting Dec 2. Need some dedicated time to work on those pesky UFOs? Or just looking for a place to craft in company? We're here for you! Bring your projects, we'll provide the tea and coffee.

**Green Burial:** Saturday Jan 10 @ 1-2:30 pm

**New-Year Reset Boxes with Erica:** Wednesday Jan 14 @ 5:30 pm

**Puzzle Swap(Give-away) :** Saturday Jan 24 from 10 am - 3 pm

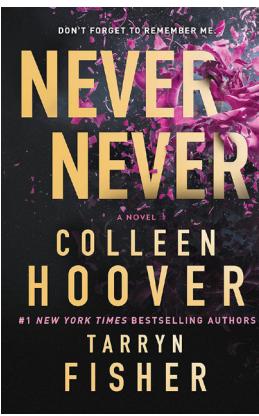
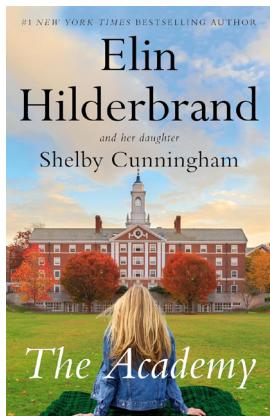
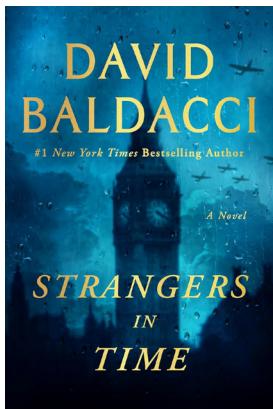
**Monthly Book Chat** on Thursday, Jan 15 @ 5:30 pm

**Holiday Hours:**

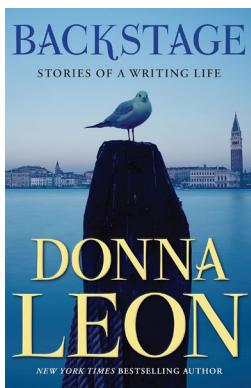
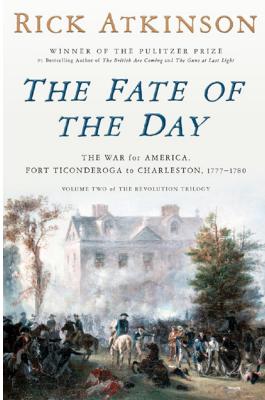
Library Open Dec 31 from 12-5pm  
Library Closed Jan 1

## Some New Books at the Library

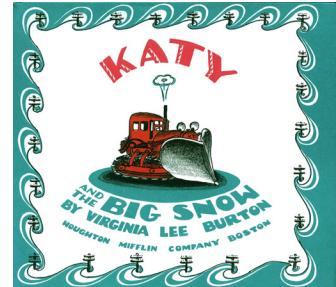
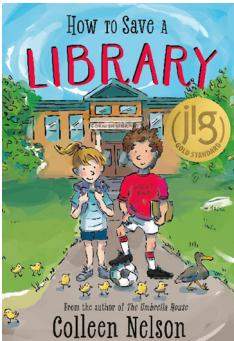
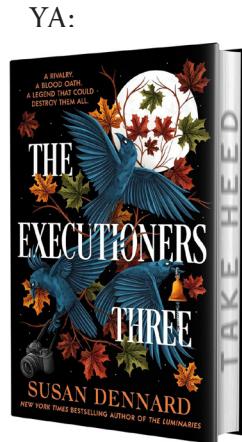
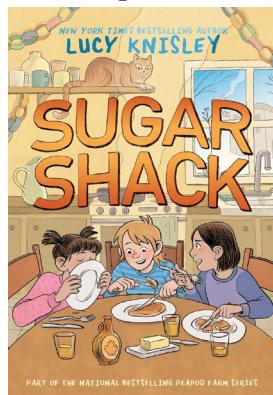
### Adult Fiction:



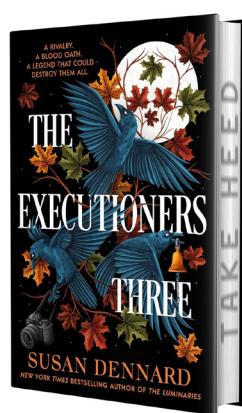
### NonFiction:



### Kid Graphic Novel:



### YA:



### Kids:

## **\*\* Council on Aging in Full Winter Blast\*\***

The COA was pleased to host another Holiday senior luncheon- this year held at the Rowe Camp! Wow what a resounding success! Thank you to camp director Jenna for being so welcoming and organized. Thank you to Abby Lively and the other kitchen staff for such a delicious meal of Shepard's pie, roasted root veggies, salad, and roasted applesauce for dessert. Thank you to Shelburne Falls resident Sarah Pirtle for a beautiful bit of entertainment. The luncheon was filled with chatter, carol singing and full bellies. We are so grateful to all of those who attended and look forward to seeing you again!

### **UPCOMING ACTIVITIES**

**WALKING CLUB:** runs each Monday in January starting Monday, January 5<sup>th</sup> at 10am. The walk will be 1-1.5 hours of moderate intensity so make sure to bring good walking boots, warm clothes and water. MEET AT THE TOWN HALL! No need to sign up- just show up \*\* In the case of inclement weather, the walking club MAY be cancelled. Use your best judgement for your own safety\*\*

**January Third Thursday Coffee Morning:** Join us for our annual VISION BOARDS project of Thursday January 15<sup>th</sup> from 10am-12noon. Start thinking about your hopes and dreams for the upcoming year as we ring in the start of the new year with this reflective craft.

**February Third Thursday Coffee Morning:** Will take place on Thursday, February 19<sup>th</sup> from 10-12 and we will be doing puzzles, games, and mingling!

**BOWLING**- Bowling continues each Wednesday from 3-5pm at the Shelburne Falls bowling alley, you can expect to bowl with fellow resident seniors. For now, the cost is FREE! To enquire or get on the mailing list, please contact Stefano at [pickleballstefano23@gmail.com](mailto:pickleballstefano23@gmail.com)

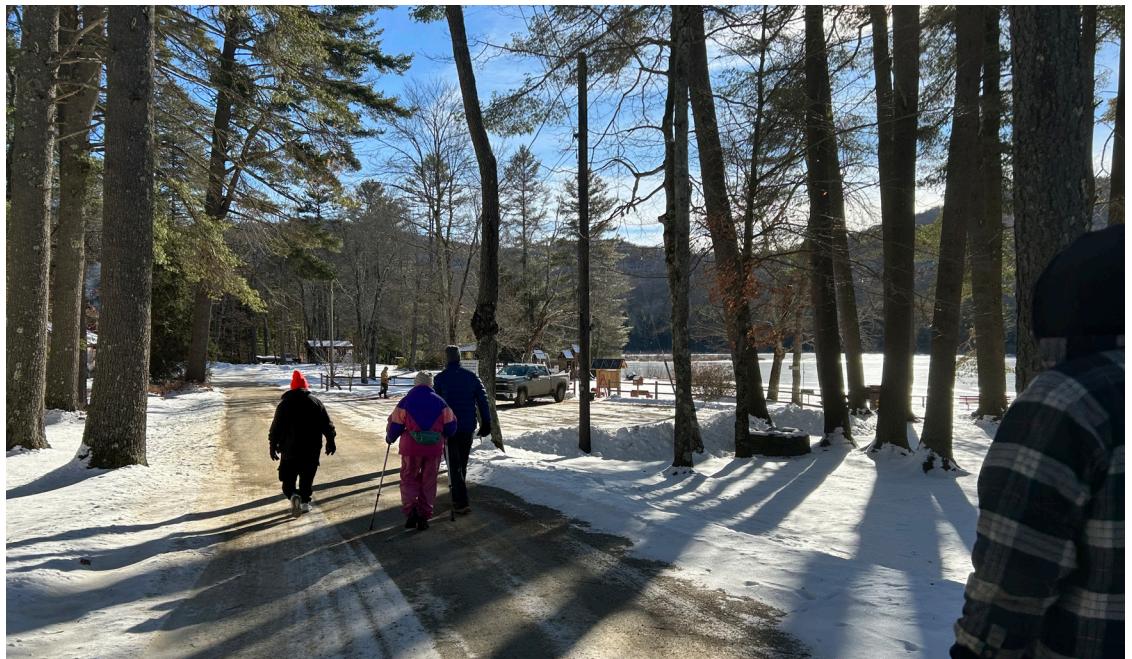
**NEW Coffee and Puzzle Weekly Meet-Up:** Your COA has been hard at work organizing a new drop-in activity. On the 2<sup>nd</sup> floor in the Town Hall, outside the fitness room, you will find a coffee/tea station and a puzzle set up and ready to go for you every Tuesday and Wednesday from 10am-12noon- bring a friend or come alone but drop in to add a few pieces in the community puzzle while enjoying a brew.

**Memory Café and Caregivers Support Group:** The Shelburne Senior Center is offering two helpful resources for residents who are caring for seniors. The Memory Café is held on the third Friday of each month from 12 to 2, and offers a healthy lunch, a speaker or entertainment, and camaraderie for seniors and their caregivers. Also, the center offers a Caregiver Support Group on the first Monday of the Month, at 2 p.m. Both these resources are offered for free, and the center requests that you sign up a day or two ahead of time by calling 625-2502.

*submitted by Rachel Lewis*



Seniors caroling along with Sarah Pirtle at the holiday luncheon



Monday walkers at the Park

# ROWE ELEMENTARY SCHOOL



It is hard to believe that we are already at the end of 2025 and almost half the way through the school year. The year is ending on a positive note at the Rowe School. We have continued our focus on Math instruction in all classrooms with the curriculum that was adopted last year, Illustrative Mathematics. The teachers also took on another new curriculum this year for ELA, Wit and Wisdom. Having the same curriculum in all grades helps students as they move from one grade to the next, having an understanding of the processes and expectations right from the start. We expect to see positive results in our ELA work as we have with our Math efforts.

This fall we continued our partnership with Mass MoCA, through our association with the North Berkshire School Union. All of the classes visited Mass MoCA, transportation and attendance are free for the students thanks to a grant written by the museum. The Rowe School Community once again shared their hearts and resources. We raised money and donated many items for The Holiday Giving Tree. We also helped the 5/6 class raise money for their field trips through our Holiday Bazaar, where students are able to shop for items for their families for the holidays right at school. Special thanks to all of the members of our fabulous PTP for organizing that effort.

Exciting things are happening in 2026 at the Rowe School. We are also about to begin our Winter Enrichment ski days at Berkshire East. While it will look a little different this year than in years past, weather permitting, we will begin January 8th and continue for the next three Thursdays. Rowe students in grades K-6 will be skiing and snowboarding together. Students whose families have decided against skiing will participate in four days of alternative Winter Enrichment activities in and around the school. Thanks in advance to Berkshire East and to the many chaperones who volunteer their time to make this possible, and to the staff members who make it happen at the school, in the lodge, and on the mountain. Students will be taking the MCAS tests in April and May. Even though it is no longer a graduation requirement, we still find it valuable as a data point to help better understand our students as learners. The 5th and 6th grade class will be visiting Krokka Expeditions in NH. for their biennial trip. And of course, Rowe students will be using the great natural resources of Pelham Lake Park for recreation and science education.

We will have our next Community Lunch on Wednesday, January 21, 2026 at 11:45. Please consider joining us as we always look forward to having those from the community come and share a wonderful meal with the students. If you are interested in coming, please let Laurie or Kelly at the school know by Tuesday, January 20th so that we ensure we have enough meals and seating for everyone.

Please be in touch in any way that works for you, call, email or visit. I encourage you to consider attending one of the following meetings, Rowe School would benefit from your participation. The Parent Teacher Partnership meets on the first Wednesday of each month, join us January 7th at 8 a.m.. The School Committee meets on the second Thursday of each month, except in January, when we will meet on January 15th at 3:30 p.m., all at the school. Look for more information in this issue about the Rowe School Council, we're looking for a couple of Town residents to join. I look forward to hearing from you. Please call 413-512-5100 or email me at [jfriedman@roweschool.org](mailto:jfriedman@roweschool.org). I want to hear what you think.

submitted by Jon Friedman



**It's as easy as 1, 2, 3!**

**The Rowe Elementary School Council**

**What is it, and why should I join?**



You have a child at Rowe Elementary, or you are a Rowe resident

Rowe Elementary School Council will meet up to four times a year to discuss matters of importance to students, parents, teachers, administrators, and the school at large.

Your participation makes your student's experience at Rowe Elementary (and your experience as the parent of a Rowe student) richer and more rewarding!

We all have opinions about education and what would be best at our child's school. So, why not voice them somewhere where it will do the most good: the meetings of the Rowe Elementary School Council!

The School Council is a group of parents, teachers, community members, and administrators who meet up to four times a year to discuss important matters concerning the education of your child and the running of the school. We would LOVE to have your input.

Councils assist principals by reviewing the school budget and the school improvement plan. Councils may also take on other responsibilities, as granted by the local school committee. We're trying to get the first meeting scheduled in February.

For more information, call Jon Friedman, Principal, at 413-512-5101, or email [jfriedman@roweschool.org](mailto:jfriedman@roweschool.org) over the break or when we're back in January



# PELHAM LAKE PARK NEWS

photo by Claudine Poplawski

## **Reminder: Forest Management Work at Pelham Lake Park**

Pelham Lake Park would like to remind residents that forest management work is scheduled to begin this winter in the area of Davis Mine Loop trail. During this time, the harvest area will be closed to all recreational use for safety purposes. The complete operations, stewardship, and climate plans can be found on the Pelham Lake Park website. Initial closure, progress updates and reopening will be shared on the park's social media platforms. As always, residents can reach out to the park manager with any further questions.

### **Overview of Work**

Rowe's Park Commission, in partnership with the Forest Climate Resilience Program and the Town's forester Alex Barrett, have proposed a climate-smart forestry demonstration project at Pelham Lake Park. The project will help to address forest health and climate vulnerabilities identified in Pelham Lake Park's Forest Stewardship Climate Plan, following a multi-year public input process. It aims to demonstrate how innovative forest stewardship practices can be used to promote healthy, climate resilient forests.

The central practice here is to install 2, 2-acre patch cuts with reserves (strategically retained trees in an otherwise clear-cut area) on either side of the Davis Mine Trail, close to the parking lot on Davis Mine Road. One of these patch cuts will then be surrounded by a slash wall, a large wall of woody material, to exclude deer and protect young trees.

Creating a demonstration forest is multi-purpose, displaying how climate smart forestry practices can improve the health of the forest while offering opportunities for education and monitoring. Educational efforts would continue to engage school students in the park's care but also expand efforts to include signage and virtual educational opportunities for local woodlot owners, conservation professionals, and park visitors. Monitoring will focus on measuring the current resilience of the forest and eventually identify how the demonstration project is influencing resilience, allowing management practices to be improved over time.

New Kiosk at Beach area



Funding for this kiosk also came from the MVP grant funding the Davis Mine project.

submitted by Briel Gibson, Park Manager

Hello Rowe residents,

Please remember to utilize your Emergency Communication Sign (red/green sign) in the event of a town emergency/power outage. The purpose of the sign is for you to have the ability to communicate your need OR well-being to emergency personnel and/or other response workers. If you need a new sign, please reach out to Rachel, the Town Nurse. These signs are designed to be used during an emergency situation where power may be lost or communications may be difficult.

*Examples of times to use this sign:*

- \*During the snowstorm in March 2023 when power was lost, internet and phone lines were down for 24-72 hours
- \* During a hurricane where phone or power lines might be down and communication/travel is extremely difficult.

Please display this sign in a road-facing window or door pane, which is **CLEARLY** visible from the street (or your driveway if your driveway is long).

**\*\*\* During an emergency, travel may be VERY difficult and dangerous- if you would like to be checked on or are in need of assistance please display the RED side of your sign which reads 'I Need Help'. BE PATIENT- it may take workers up to 24 hours to reach your area. \*\*\***

**\*\*\* If you are safe and well, please display the GREEN side of your sign which reads 'I'm OK' so workers know that all is well in your household.\*\*\***



**David Wells Lenth**, 98, passed away peacefully on December 10, 2025. Born on July 26, 1927 in Providence, RI, he was raised in Cranston and Foster, RI, the loving son of George and Grace Lenth. He graduated from Cranston High School in June, 1945 and enrolled in the V-12 College Training Program for the Navy at St. Lawrence University. He served in the Navy Reserve until he was honorably discharged in July, 1954.

David graduated from Rhode Island State College (now URI), in 1949 with a degree in agricultural chemistry. After college, he worked on a survey of the milk supply in the greater Providence area. The survey was instrumental in uncovering quality concerns and improved the health and safety in the dairy industry. After further education in radiological health, David went on to a career in chemistry and health safety. He worked first for Yankee Rowe Nuclear Power Station in Rowe, MA, and later at Connecticut Yankee Nuclear Power Plant in East Haddam, CT.

On June 17, 1950, he married the love of his life, Mary Elizabeth Doliber (Betty). They moved from Foster to Rowe, MA, then Deep River, CT as they raised their two children, Jacquelyn (now of Lincoln, MA) and David Ray Lenth (deceased). They had 72 wonderful years together, and loved traveling in their motorhome to the ocean in the Florida Keys and coastal Maine. When Betty passed in 2022, David moved to a very supportive community at Concord Park in Concord MA.

David was a skilled woodworker and gardener, first renovating an antique farmhouse and later, in retirement, moving back to Rowe to build a post and beam sugarhouse-style home and barn. Creating projects for his grandchildren was a passion without bounds: a puppet theater, tree-house, doll houses, bird houses, and bird feeders by the dozens; all crafted lovingly with care. He was a patient gardener. Each layering or cutting of a rhododendron or azalea or blueberry was carefully cultivated in a meadow nursery until replanted. Many are now towering 15' tall.

He is survived by his daughter, Jacquelyn Lenth and her husband, Andrew Falender of Lincoln, MA; a grandson, Jason Falender and his wife Minxian; great grandson Leon of Sudbury, MA; granddaughter Rebecca Falender and her husband Aditya Dave; great granddaughter Anna Dave of Portland, OR; and by his brother-in-law and sister-in-law, Robert and Elaine Doliber of Wakefield, RI.

A private service and burial will be held for family and close friends. In lieu of flowers, the family requests that donations be made in David's memory to the Alzheimer's Association.

*Submitted by Jackie Lenth*

## New Year, New You

New Year, new you? Do you have personal fitness goals you would like to get started on? Maybe it is as simple as increasing your step count for the day or building more muscle tone. Exercise remains an important factor in overall physical health and weight maintenance. Increasing your daily physical activity will help you build up muscle, increase bone density and provide numerous, long-lasting cardiac and respiratory benefits (it is also great for mental health)!

Below you will find some important tips for beginning an exercise program or routine

- Set realistic goals**- it may take more time than you think to achieve your desired outcome, but be patient and set realistic short AND long-term goals that are attainable.
- Be consistent**- it is all to easy to make up excuses for why you can't fit in your exercise regimen...make your exercise a priority!
- Train with a friend**- training with a partner will make your exercise more enjoyable and keep you motivated. It also may make it less likely that you will skip out on your exercise, as you might not want to let your friend down.
- Keep things new and interesting**- try different workouts or types of exercise. Alternate between cardio and weight-training to help build up different muscles and prevent exercise boredom. Remember you don't always have to go for a run and lift weights; It might be fun (and challenging) to try hiking, biking, swimming, kayaking, yoga, zumba, kick boxing, etc.

Always remember to warm up, cool down and drink plenty of fluids during exercise. Don't let the first days and weeks of muscle aches and other discomforts hinder you- it does get easier with time!

Go to Lifepath's webpage for some great exercise ideas: <https://lifepathma.org/resources/home-exercise/>

Here are some easy ways to get started:

- Come to the Rowe Fitness Center anytime from 8-4 Monday through Thursday. Resident and fitness connoisseur, Deb Lively, has gym hours Mondays and Wednesdays 9am-11am and 4pm-6pm. She is more than happy to help guide you through the exercise equipment and machines!**
- Also- try out our FREE walking club! This is a super easy way to get your steps in AND enjoy socializing with your neighbors! Walking club runs every Monday weather permitting (except holidays) from 10am-1130am- just show up to the Town Hall.**

**Thank you very much** to the Rowe town hall employees and Rowe residents for chipping in to help the Mary Lyon Foundation give West County children presents for the holiday. Here is a picture of one of the 'Giving Trees' at the M & T bank in Shelburne Falls. Happy holidays everyone! (If you would like to take part in the giving tree next year- please contact the Town Nurse to be added to the list)

*submitted by Rachel Lewis*



*photo by Claudine Poplawski*

Dear Citizens of Rowe:

The Fire Department has finally received the refurbished Tanker/Tender back from Firovac and placed it in service. This unit for the Town of Rowe started out as Federal Surplus Property to supplement the Fire Department's Equipment while the Small attack truck was delivered. The members of the department upon experiencing the ease of use of the equipment and the determination that the only part of the apparatus that was part of the Federal Surplus program was the chassis requested the Board of Selectmen and the taxpayer to refurbish the tank and mount on a new chassis. This request was approved.

The Truck now known as Tender 303 (The proper name for a truck that hauls water is a Tender) was delivered on November 6th and placed in service on the 13th. Department members have been training on it since then.

This truck loads the water through a vacuum system versus the standard fire pump. The tank is 2600 gallons. During training on Monday the 17th we were able to load this truck in 1 minute and 50 seconds without the need for additional apparatus.

The members of the department wish to Thank the taxpayers of the Town of Rowe for this piece of equipment. We are now able to leave the station with the three pieces of apparatus with 5000 gallons of water for the initial fire attack.

Submitted by Dennis M. Annear - Fire Chief



It has been decided that due to the sensitive nature of the information on the Birthday list that it will no longer be part of the Goal Post. It was a long standing tradition to have birthdays published month to month but in light of changing times we decided it was best to discontinue.

## **Town Departments**

The Town Hall is Open Monday-Thursday 8:00am-4:00pm (413) 339-5520

Position/Dept.	Ext #	Email Address	Hours
Town Administrator	100	<a href="mailto:townadmin@rowe-ma.gov">townadmin@rowe-ma.gov</a>	Mon-Thurs 9am-4pm
Admin Assistant	101	<a href="mailto:adminasst@rowe-ma.gov">adminasst@rowe-ma.gov</a>	Mon-Thurs 9am-4pm
Town Accountant	102	<a href="mailto:accountant@rowe-ma.gov">accountant@rowe-ma.gov</a>	By Appointment Only
Town Clerk	103	<a href="mailto:townclerk@rowe-ma.gov">townclerk@rowe-ma.gov</a>	Wed - 5pm-7pm, & by Appt
Board of Assessors	104	<a href="mailto:assessor@rowe-ma.gov">assessor@rowe-ma.gov</a>	Wed-Thurs 8am-1pm
Board of Health	105	<a href="mailto:boh@rowe-ma.gov">boh@rowe-ma.gov</a>	Tues-Thurs 8am-1pm
Treasurer	106	<a href="mailto:treasurer@rowe-ma.gov">treasurer@rowe-ma.gov</a>	Mon, Wed, Thurs 9am-4pm
Tax Collector	106	<a href="mailto:collector@rowe-ma.gov">collector@rowe-ma.gov</a>	Mon, Wed, Thurs 9am-4pm
Town Nurse	107	<a href="mailto:nurse@rowe-ma.gov">nurse@rowe-ma.gov</a>	Mon, Wed, Thurs 8am-4pm
DPW	111	<a href="mailto:dpwhighway@rowe-ma.gov">dpwhighway@rowe-ma.gov</a>	Monday – Friday 6:30a-2:30p
Fitness Center	149		Mon,Wed 9am-11am/4pm-6pm

## **Emergency Services**

Position/Dept.	Ext #	Email Address	Hours
Fire Chief	112	<a href="mailto:firechief@rowe-ma.gov">firechief@rowe-ma.gov</a>	Thursday's 2pm-8pm
EMD	112	<a href="mailto:firechief@rowe-ma.gov">firechief@rowe-ma.gov</a>	Thursday's 2pm-8pm
Police Chief	113	<a href="mailto:policechief@rowe-ma.gov">policechief@rowe-ma.gov</a>	by Appointment Only
Public Safety Adm	115	<a href="mailto:publicsafetyadmin@rowe-ma.gov">publicsafetyadmin@rowe-ma.gov</a>	M&W 3pm-9pm; Fri 7:30-3:30

**Town Library (413) 339-4761**

[rowelibrary@gmail.com](mailto:rowelibrary@gmail.com)

**Transfer Station (413) 339-0216**

[boh@rowe-ma.gov](mailto:boh@rowe-ma.gov)

Days	Hours
Tuesday	10am-5pm
Wednesday	12pm-8pm
Thursday	3pm-7pm
Saturday	10am-3pm

Days	Hours
Wednesday	7am-10am & 4pm-7pm
Saturday	8am-2pm
Sunday	8am-Noon

**Elementary School (413) 512-5100**

Name/Position	Ext. #	Email
Principal, Jon Friedman	1	<a href="mailto:jfriedman@roweschool.org">jfriedman@roweschool.org</a>
Secretary, Laurie Laffond	2	<a href="mailto:llaffond@roweschool.org">llaffond@roweschool.org</a>
Nurse, Lydia Brisson	3	<a href="mailto:lbrisson@roweschool.org">lbrisson@roweschool.org</a>

The Rowe Goal Post  
P.O. Box 462  
Rowe, Massachusetts 01367

## **The Rowe Goal Post**

Available on the Town's website (<https://rowe-ma.gov/p/64/Rowe-Goal-Post>)  
the first of every month with paper copies sent out by mail the first week

Published by the Board of Selectmen 'in the interest of information  
exchange between all departments and all Rowe citizens.'

All submissions for the next issue are due by the 25th.  
Any articles received after this time cannot be guaranteed that  
they will appear in the next issue.

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