



Volume 43

Issue 9

Established 1975

THE *Rowe Goal Post*

September 2024



photo by Claudine Poplawski

OCTOBER 20, 2024

Rowe Town Social

FALL-A-PALOOZA



HISTORIC CEMETERY TOUR - 10 AM

FALL CRAFTS FOR ALL AGES

FALL PHOTOBOOTH



MACARONI & CHEESE COOKOFF

SCARECROW CONTEST

TOWN SERVICE PROJECT



ROWE TOWN CENTER

LIBRARY & CHAPEL

318 ZOAR RD. ROWE, MA

12 PM -
2 PM

FOLLOW THE ROWE TOWN HALL, ROWE TOWN LIBRARY &
THE HISTORIC SOCIETY FACEBOOK PAGES FOR UPDATES

Board of Health

Submitted by Christine Bailey

There is a regional Hazardous Waste Collection scheduled for Saturday, September 21, 2024 at the GCC Main Campus and Orange Transfer Station. PRE-REGISTRATION IS REQUIRED BY SEPTEMBER 13, 2024. For more information and how to register, please feel free to pick up a flyer located at Rowe Town Hall Lobby!

Have you purchased your FY25 dump tag for use at the Refuse Gardens? As of September 1, 2024 the price is \$50.00 with no exceptions, unless you are a new resident relocating to town.

I will be on vacation for the week of September 1, 2024! If you need immediate assistance, please call 413-339-5520 x101 to speak with Donna Butzke.

Conservation Commission

Seeking New Member

The Rowe Conservation Commission is seeking a new member for a three-year, appointed position open to any Massachusetts resident with ties to Rowe. As a member, you'll play a crucial role in preserving Rowe's wetlands and water resources by reviewing permit requests, attending monthly meetings, and educating the community about the Wetlands Protection Act. Training is provided. Learn more on the town website under the Conservation Commission section, or join us at our next meeting on Wednesday, September 11, at 5 PM at the Town Hall. We look forward to collaborating with you!



The big liverwort - *Conocephalum salebrosum*

photo by Meredith Sokol

Need weed whacking?
Mowing? Lawn care in
general? J & J lawncare
have you covered!

Free estimates.

Please call, text or leave
a voicemail so we can
get to you as soon as
we can!

Jesse 413-672-2939

****Council on Aging Welcomes the Start of Fall ****

In August, the COA held its monthly *Third Thursday Coffee Morning* in combination with the Park's Senior Picnic at Pelham Lake Park (for a second time). Wow! What a great day- so many friendly smiling faces, wonderful BBQ meal put on by the park staff and scrumptious desserts from the COA. A huge thank you to the park staff and volunteers who made these senior picnics such a great success.

- ❖ ***Walking Club*** with Kelle Quist and Rachel Lewis is a continuation to our 'get moving' initiative. The walking club will run each Monday in September starting September 9th at 10am (the first Monday in September is Labor day). The walk will be an hour long of moderate intensity so make sure to bring good walking shoes. Don't forget bug spray/ bug net and a water bottle. **MEET AT THE TOWN HALL!** No need to sign up- just show up!
- ❖ ***September's Third Thursday Coffee Morning*** will take place on Thursday, September 19th from 10am- 12 noon. Advocates from the National Grid will be attending and they are willing and ready to answer questions about bills, offer advice to lower energy bills, and council residents about potential programs residents may be eligible for- please bring a recent energy bill with you! There will of course be delicious baked goods and coffee/tea for all!
- ❖ **Holiday Luncheon SAVE THE DATE: December 13th- RSVP will be required.** Look out for more details soon!
- ❖ *There is so much more to come this fall from your COA- please keep up to date with robo-calls and through the goal post to make sure you know what's going on!*



photo by Donna Butzke



Save the Dates

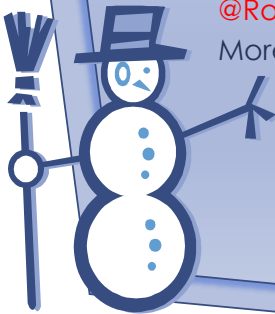
Dates-Dec. 6th and 8th

Dec. 6th @ 10am help us **DECORATE THE TOWN** to prepare for the winter holiday season.

@Rowe Town Hall Center and Library and Chapel

Dec. 8th @ 4pm **TREE LIGHTING AND CELEBRATION**

@Rowe Town Hall Center and Chapel
More Details to follow...





Rowe Town Library News

Submitted by Molly Lane, Library Director

HOURS:

Tuesday 10-5

Wednesday 12-8 Thursday 3-7

Saturday 10-3

The Rowe library is developing a Strategic Plan to identify priorities for services and programs over the next 5 years. We would like to find out what your needs and interests are. We will use this information to guide decisions for specific library goals and activities. This survey is voluntary and all

ages are welcome to fill it out. Please feel free to skip any questions you prefer not to answer. Whether you use the library or not, your input is valued. **Please find the Survey online at the town website under the library tab, on our Facebook page or you can pick up a hard copy at the town hall or the Library.**

Programs:

Artist Reception: Meredith Sokol. Join us on Saturday September 7 at 12pm to enjoy the photography of Meredith Sokol.

Book Chat – Third Thursday @ 4:30 pm

Kids- Thursday Sept 12, 4 pm – Birdhouse craft

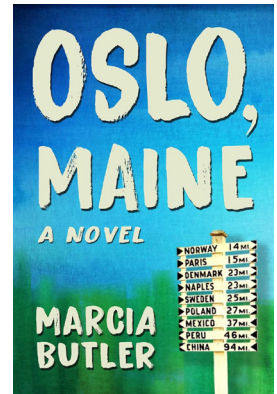
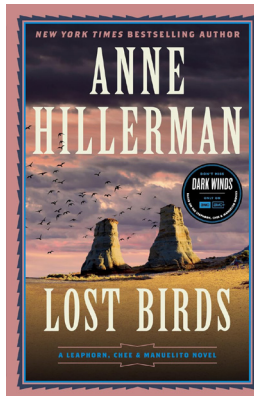
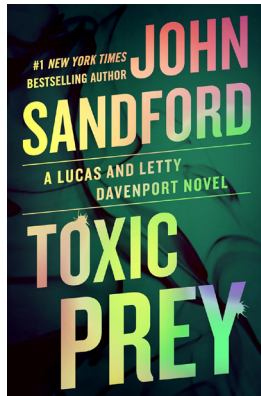
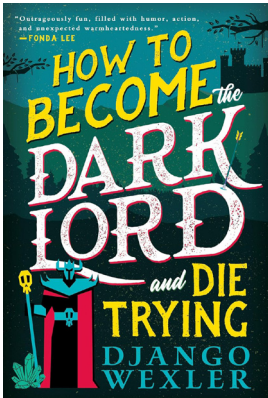
Yarnia Crafter's Time –@ 1pm crochet, knitters, embroiderers, needle point, and other crafts. Join us in a common space to work on your projects with other crafters. First Tuesday of the month is beginner friendly time. Someone will be happy to help you learn a new fiber skill this day.

The Anti-Social Sci-Fi/Fantasy Book Club - no meetings, no commitments. Send us your recommendations and we will post them for other sci-fi and/or fantasy readers to find their next great read! September recommendation: **MOONBOUND** by **Robin Sloan**.

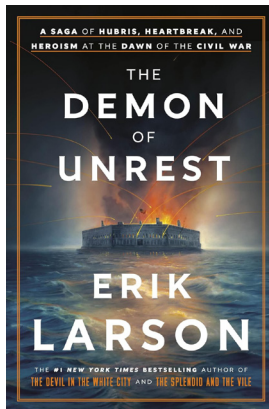
Contact the library if you would like to be put on our email notifications for programs Rowelibrary@gmail.com

Some New Books:

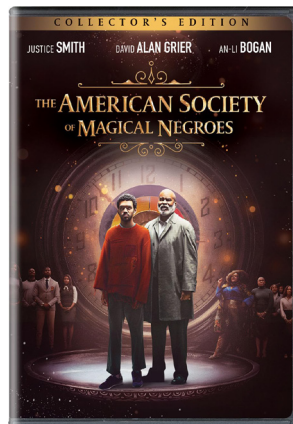
Adult Fiction:



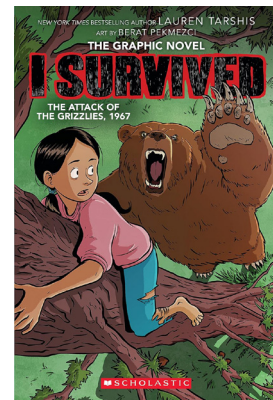
NonFiction:



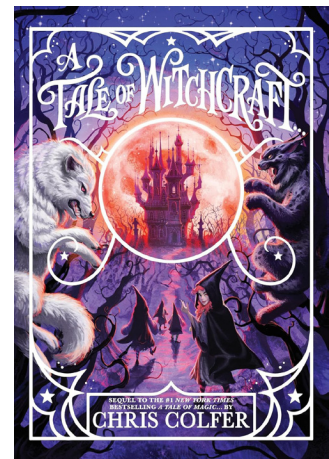
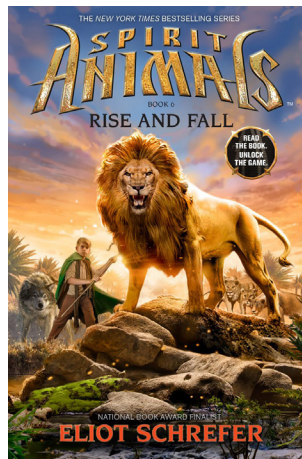
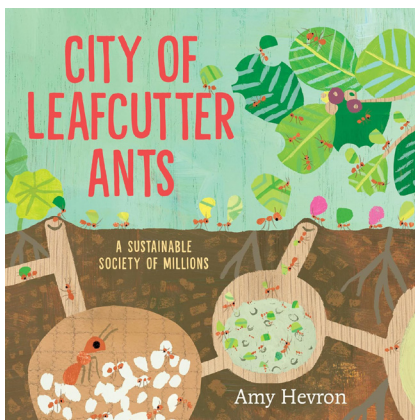
DVD:



Graphic Novel:



Kids:



ROWE ELEMENTARY SCHOOL



By the time you're reading this, the new school year at Rowe Elementary will be in full swing. The students returned on Wednesday, August 28th, and all was right with the world again. The first graders will be playing on the playground structure again, the sixth graders will be learning about Math again, the second graders will be reading books again, the fourth graders will be laughing together at lunch again, the pre-schoolers will be figuring out where things go in their room again, and the first graders, third graders and fifth graders are getting to know their new teachers.

At the same time, the teachers are trying their best to catch up with students they've had before and to get to know students who are new to their room this year. A lot of learning goes on at this time of the year, on the part of both students and teachers. It's important for parents (as it is for teachers) to check in regularly with the students as the school year progresses, to find out how they're doing, socially and emotionally, as well as academically. It's also important to establish regular communication with your student's teacher, by note, phone, email, or in person. Positive, regular communication between the school and families is a crucial factor in a student's success at school. We at the school will be working on that, too, so expect to hear from us shortly.

As I mentioned, school starts Wednesday, 8/28, and students will be released at 12:30 on Wednesday, Thursday, and Friday of the first week. There is no school Monday, September 2, due to the Labor Day holiday, our first full day is Tuesday, September 3. Students may arrive at the school as early as 7:45 a.m., there will be adult supervision on the playground and in the cafeteria. The school day starts at 8:25, with the Pledge and announcements in the cafeteria, and students will then be sent to their classrooms. Students who arrive after 8:25 will be marked tardy. The school day goes until 3:20 p.m. this year. We will be starting after-school activities by late September, so look for information coming home soon.

Information was sent home, including the Family Handbook and various medical and registration forms. The handbook is a few pages less than War and Peace, but I hope families will make time to read it. It will be helpful if the forms are filled out completely and returned them quickly. If you have questions about the forms, please call Laurie or our nurse, Lydia Brisson at 413-512-5100. If you are

driving your student to school, please read the drop-off and pick-up information in your packet. If you're parking to come into the school, please park in a designated parking area, and not the circle by the entrance, so there is room for buses to get through. The circle is for parents/guardians who drop their students off but don't plan to come into the building.

We are always looking for parent and/or community volunteers to help out at the school, there are a few different ways that we could use your help. If you might be interested in offering anything from as little as an hour to a few hours a week, please let me know, the students would benefit from your effort and expertise, either working in classrooms, the library, or at recess.

There are some exciting things planned for the next few months: field trips and hikes, and academic activities, and I can't wait to tell you about all of them, including potluck dinners, movie nights, and more. Community lunches will be on the last Wednesday of each month, beginning Wednesday, September 25. Call us by Tuesday of that week if you want to attend.

As always, if you have questions or concerns, please call me at 413-512-5101. You can also email me at wknittle@roweschool.org. I look forward to hearing from you.

-Submitted by Bill Knittle



photo by Karen Soviecke

What Were They Thinking?

Submitted by Joanne Semanie

There are buildings in Rowe that are close to my heart that have little history other than deeds and hardly a photograph. 22 Potter Road is the house my family moved into in 1961. My father was working at Yankee Atomic and there were more than a few families that moved into town with the opening of the plant.



When I look at the photographs of this house on Potter Road I always wonder what they were thinking when they decided to buy this place. At the time the lower part of Potter Road was a dirt dead end with 2 houses on it. The road was impassable due to a large beaver pond halfway up (it is still there, just not over the road. There wasn't any running water – the pump you see on the left of the photo above was what there was. We were taught at an early age to make sure the priming pitcher was always left full.

This photo was taken from the front of the out-house. Yes, no running water, no toilet, just a two holer out back. The bonus was the well would run dry every July so my father would take a 50-gallon drum to the Town Hall and fill it for our water supply. This does not seem like something I would do with 3 children under the age of 5.



The cellar was dug from underneath the house with shovels. The foundation built once dug out. Water came into the house that first year with it a bathroom. I can't imagine the to do list they had from the minute they closed on the property. They had 6 months to get what was a summer place ready for year-round occupancy. They had a vision. They could see the potential and were driven to make their vision a reality.

The property was sold in 1967. It was a much different place than the one they had purchased 6 years earlier. My father and his father built a large garage attached to the house with a breezeway. An old building was moved from another part of town to be used as a barn for our animals. As a family we dug up a maple tree in the woods and planted it in the front yard.



Our editor next to the maple tree

All the work that was done was done by my father and his father except for putting in the well. We learned the value of hard work. We saw what it meant to have a vision – to see the potential in things that are not always so pretty. We learned to make do with what was at hand and to be able to build or repair things with what was readily available. Over a short period of time, they turned a sow's ear into a silk purse.



22 Potter Road is currently owned by Dennis and Gail May.

Edible Mushroom Walk:

Mushroom Foraging for Beginners

September 14, 2024 | 9AM-11AM

Pelham Lake Park

~ meeting at the dam area ~

Join mycologist Melissa Pariseau for an exciting 2-hour foraging adventure at Pelham Lake Park! Discover the secrets of safe mushroom identification and learn about 5-10 common edible species found at the Park.

Wear suitable shoes and outerwear for a 1-2 mile walk.



This program is supported in part by a grant from the Rowe Cultural Council, a local agency which is supported by the Mass Cultural Council, a state agency.





photo by Donna Butzke

A Climate-Resilient Open Space & Recreation Plan for Rowe 2024-2031



Updates From the Open Space and Recreation Committee (OSRC)

Earlier this summer, the OSRC published the town's final, approved Open Space and Recreation Plan. The plan is a 247-page document reflecting residents' and landowners' input from the 2022 Open Space and Recreation Survey and public forum, and will serve as a guide for town officials' future decision-making related to Rowe's natural, recreational, and cultural resources. **The plan is chock-full of historical, cultural, geographical, geological, and ecological information—and is all but guaranteed to contain something interesting that you didn't already know about Rowe.** There is a hard copy available at the library, or you can find it on the town website's home page.

With the final plan now in hand, **the OSRC has been working to identify 1) any plan goals that are complementary to or already addressed by Rowe's existing Forest Stewardship, Municipal Vulnerability Preparedness, or Multi-Hazard Mitigation Plans and 2) which plan goals and actions to prioritize.** These first steps are expected to reduce project overlap between committees and/or foster collaboration on common goals, while also giving town officials a recommended set of priority projects to start tackling in the near term.

In July, the OSRC gained two new members, Justine Krumm and Amy Trevvett, while Dana Williams is stepping down this month as she relocates out of state. The committee is extremely grateful to Dana for her invaluable contributions. **We are still looking for new members! If you have an interest in preserving and improving Rowe's outdoor spaces, please consider joining this small but mighty committee.** Email Laurie Pike at ljeanpike@gmail.com to learn more!

-Submitted by Amy Trevvett

Rowe Historical Society September Events

Saturdays, September 14 & 28, 10 am - 2 pm.

The Kemp-McCarthy Museum and Browning Bench Tool Factory will be open. This is your last chance of the season to come learn about the people of Rowe and explore the tools, farm & homemaking implements, sleighs, quilts, and other artifacts that tell their stories. Make sure to experience our interactive fiber and fiber arts exhibit featuring mid-19th century attire!

Saturday, September 28, 10 am, Rowe History Hike: Pulpit Rock.

Join us for a moderate 2 mile hike to the scenic lookout at Pulpit Rock. Get great views of the Deerfield River to the west of Rowe while learning about geology and early tourism in Rowe. This hike will have off-trail sections including a power line crossing and one steep hill. Meet at 530 Tunnel Rd. For questions, email dmwilliams237@gmail.com. At 12 pm, a free grilled lunch will be served at the Kemp-McCarthy museum.



Don't Underestimate Lyme

Just when you think you are out of the woods with daily tick checks, the second peak of the tick season is nearly upon us- starting the mid-end of September and lasting until November. This means that tick safety measures should continue throughout this fall season.

Black Legged Ticks (also know as Deer Ticks) spread Lyme disease as well as less common diseases such as babesiosis and anaplasmosis (all may require medical treatment). We hear so much about Lyme disease- but WHAT IS IT? Lyme disease is a bacterial infection spread to humans through the bite of infected blacklegged ticks. Typical symptoms include fever, headache, fatigue, and a characteristic bulls-eye skin rash. If left untreated, infection can spread to joints, the heart, and the nervous system, causing long-lasting damage.

Early symptoms of Lyme Disease (3-30 days after tick bite):

- Fever/chills
- Headache
- Fatigue
- Muscle/joint aches
- Bullseye rash- occurs in 70-80% of cases

Later signs and symptoms (days to months after tick bite):

- Severe headache and/or neck stiffness
- Skin rashes on other areas of body
- Loss of muscle tone/droop in one side of face
- Arthritis with severe joint pain and swelling
- Heart palpitations/irregular heartbeat (Lyme carditis)
- Inflammation of brain or spinal cord
- Nerve pain

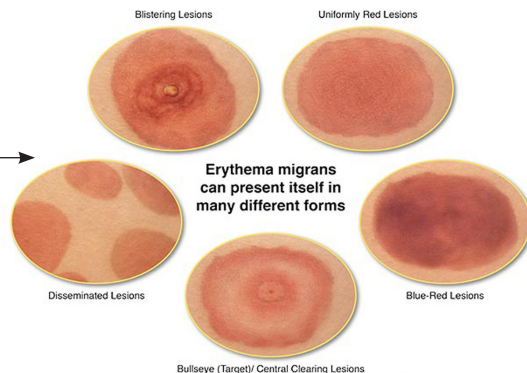
Lyme treatment:

- Lyme is treated with antibiotic therapy- the sooner in the disease progression the better the outcome. Most people can recover fully and quickly.
- But the best treatment is PREVENTION

Tick bite prevention:

- Use a repellent with DEET or permethrin according to the instructions given on the product label. DEET products should not be used on infants under two months of age and should be used in concentrations of 30% or less on older children. Permethrin products are intended for use on items such as clothing, shoes, bed nets and camping gear, and should not be applied to skin. Other repellents, such as picaridin, oil of lemon eucalyptus have also been found to provide protection against ticks.
- Wear long, light-colored pants tucked into your socks or boots, and a long-sleeved shirt. This may be difficult to do when the weather is hot, but it will help keep ticks away from your skin and help you spot a tick on your clothing faster.
- Stay on cleared trails when walking or hiking, avoiding the edge habitat where ticks are likely to be.
- Talk to your veterinarian about tick control options (tick collars, repellents) for your pets.
- After spending time in an area likely to have ticks, check yourself, your children and pets for ticks. Young ticks, called nymphs, are the size of a poppy seed. Adult black-legged ticks are the size of a sesame seed. Both nymph and adult ticks can spread the bacteria that cause Lyme disease; however, nymphs are of more concern.

the many forms of
Lyme Disease rashes



The Beautification Committee continues to invite folks to join us with planting, watering, weeding, and planning various ways to beautify our wonderful Rowe. Please contact any member of the committee for additional information.

Thank you to those anonymous helpers who have assisted us with weed whacking. However, another area we would love to have trimmed is around the barrel as you come into town on Zoar Rd. Any and all help is greatly appreciated and looks wonderful.

-Cyndie Stetson

Sweet wild lowbush blueberries of many shades of blue glistening in the morning dew. Tines of silver rake them from the vines and drop them in an old weathered wooden box. Sort and clean then bring them home to eat. Pies and muffins for little hungry boys. Remembering Mom and Dad on the farm. Reading Blueberries for Sal to preschoolers, little boys, and someday grandchildren. Now, blueberry pies with a smiley face etched into the crust for big boys on the go. Oh, how sweet those little vitamins of Joy!

- Roberta Tripp Baker

-Vitamin Joy-

One of the most important goals in life should be feeling and expressing joy. I propose a column devoted to raising joy in ourselves, our family, town and further. We welcome all stories you would like to share that inspire joy and kindness that you have experienced.

Please submit your stories, ideas, lists, recipes, or memories to:

adminasst@rowe-ma.gov

September Birthdays

- 1 - Ramon Sanchez
- 1 - Tobias Tanner
- 2 - Susan Wood
- 3 - Martha Rossi
- 4 - Robert Clancy
- 5 - Ryan Burke
- 5 - Christopher Tatro
- 6 - Helen Danek
- 6 - Andrew Kuehl
- 9 - Karen Markert
- 9 - David Poehlein
- 9 - Madison Roccio
- 9 - Ryan Shattuck
- 9 - Caitlin Upton
- 11 - Divina Williams
- 12 - Douglas Wilson
- 13 - Thomas Plante
- 14 - Loretta Dionne
- 14 - Karen Soviecke
- 14 - Wendy Sutherland
- 15 - Heidi Cousineau
- 15 - Benjamin Katz
- 15 - Tiffany Reardon
- 16 - Nicholas Baker
- 17 - Scarlett Buchanan
- 19 - Jordan Rice
- 19 - Michael Schreiber
- 19 - Lillian Duval
- 22 - Brian Ash
- 22 - Deborah Katz
- 22 - Lance Larned
- 22 - Jillian Crowningshield
- 22 - Jonathan Tower
- 23 - Robert Avallone
- 25 - Ron Stanford
- 25 - Jocelyn Crowningshield
- 26 - Ron Atwood
- 28 - Debra Crowningshield
- 28 - Ann Grieco
- 29 - Jenna Crowningshield

Town Departments

The Town Hall is Open Monday-Thursday 8:00am-4:00pm (413) 339-5520

Position/Dept.	Ext #	Email Address	Hours
Town Administrator	100	townadmin@rowe-ma.gov	Mon-Thurs 9am-4pm
Admin Assistant	101	adminasst@rowe-ma.gov	Mon-Thurs 9am-4pm
Town Accountant	102	accountant@rowe-ma.gov	By Appointment Only
Town Clerk	103	townclerk@rowe-ma.gov	Tuesday's 6:00pm-8:00pm
Board of Assessors	104	assessor@rowe-ma.gov	Tues-Thurs 8am-1pm
Board of Health	105	boh@rowe-ma.gov	Tues-Thurs 8am-1pm
Treasurer	106	treasurer@rowe-ma.gov	Mon, Wed, Thurs 9am-4pm
Tax Collector	106	collector@rowe-ma.gov	Mon, Wed, Thurs 9am-4pm
Town Nurse	107	nurse@rowe-ma.gov	Mon, Wed, Thurs 8am-4pm
DPW	111	dpwhighway@rowe-ma.gov	Monday – Friday 6:30a-2:30p
Fitness Center	149		Mon,Wed 9am-11am/4pm-6pm

Emergency Services

Position/Dept.	Ext #	Email Address	Hours
Fire Chief	112	firechief@rowe-ma.gov	Thursday's 2pm-8pm
EMD	112	firechief@rowe-ma.gov	Thursday's 2pm-8pm
Police Chief	113	policechief@rowe-ma.gov	Wednesday's 5pm-8pm
Public Safety Adm	115	publicsafetyadmin@rowe-ma.gov	Mon, Tues, Thurs 8:30-3:30

Town Library (413) 339-4761
rowelibrary@gmail.com

Transfer Station (413) 339-0216
boh@rowe-ma.gov

Days	Hours
Tuesday	10am-5pm
Wednesday	12pm-8pm
Thursday	3pm-7pm
Saturday	10am-3pm

Days	Hours
Wednesday	7am-10am & 4pm-7pm
Saturday	8am-2pm
Sunday	8am-Noon

Elementary School (413) 512-5100

Name/Position	Ext. #	Email
Principal, Bill Knittle	1	wknittle@roweschool.org
Secretary, Laurie Laffond	2	llaffond@roweschool.org
Nurse, Lydia Brisson	3	lbrisson@roweschool.org

The Rowe Goal Post
P.O. Box 462
Rowe, Massachusetts 01367

The Rowe Goal Post

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Any articles received after this time cannot be guaranteed that
they will appear in the next issue.

Please e-mail all items to:
GoalPostEditor@gmail.com

Please send only high resolution images (do not resize).

If you have a question about your subscription or want to make a change to the mailing list,
please contact the Town Administrator at:

(413) 339-5520 x100
admin@rowe-ma.gov

Seasonal residents MUST notify the Administrator of any change in address.