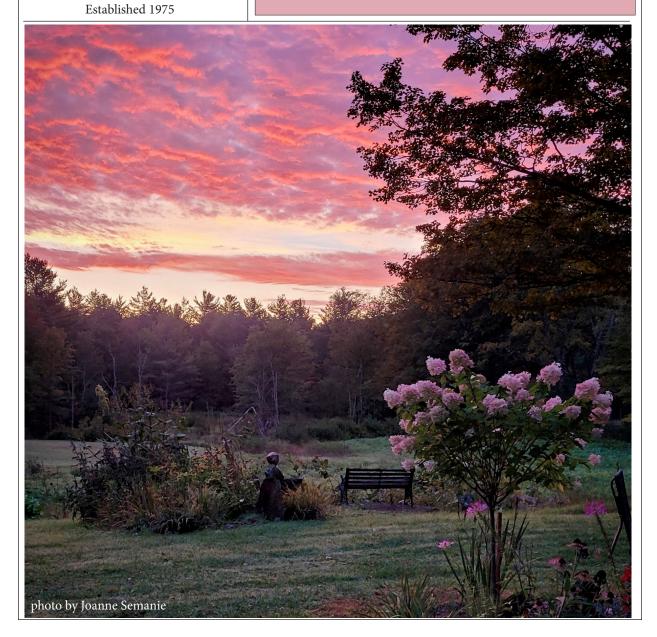


The Rowe Goal Post

October 2022



From the Town Hall

Submitted by Janice Boudreau

FORD HILL CULVERT REPLACEMENT PROJECT

The Ford Hill Culvert Replacement Project permitting process is nearly complete. Mass Dept. of Environmental Protection (Mass-DEP)has completed its review of the Water Quality Criteria (WQC) Application required by the Clean Water Act and will issue the WQC permit shortly as well as a general permit from US Army Corps of Engineers (ACOE). The WQC took a long time to complete and then resubmit with changes. The construction will be advertised this Fall with a 2023 construction date with a window of between July 1 through September 30 for doing work in the water due to its cold-water fishery.

MUNICIPAL VULNERABILITY PRE-PAREDNESS ACTION GRANT AWARD AND PELHAM LAKE PARK

I am very pleased announce that the Town of Rowe has been approved for a Municipal Vulnerability Preparedness (MVP) Grant in the amount of \$164,450.00 to be awarded over the course of 2 years. Rowe is the lead community, applying with other area towns, for the project entitled, "Community Driven Forest Climate Adaptation: Implementing the Forest Climate Resilience Program in the Mohawk Trail Woodland Partnership". Park Commissioner Laurie Pike and I are working with a team of people from Mass Audubon, NE Forestry Foundation, Franklin Regional Council of Governments (FRCOG) and others.

It is exciting to see that the work, that is being completed in the Pelham Lake Park incorporating forest resiliency practices, is becoming a model to educate others. Recently Mass Audubon and Mass ECAN, a Massachusetts Ecosystem Climate Adaptation Network, hosted a field trip to learn about the forest practices that have been employed in the Park through grant funding.

Part of the grant will fund the completion of the climate-resilient Open Space and Recreation Plan (OSRP). This OSRP plan, helps a community to plan for the future of its conservation and recreation resources. With the completion of the OSRP additional grant funding could be made available for the Park. Laurie Pike, Alex Reisman and Dana Williams are working with FRCOG on the completion.

In addition to funding Rowe's Open Space and Recreation Plan, the MVP grant will include planning and launch of a web-based or virtual Forest Center that can help connect local residents and woodland owners to resources and funding opportunities to help them care for their land into the future.

Forests are struggling to adapt to climate change due to the rate at which it's occurring and the impacts of past land-use decisions, development, invasive species and deer herbivory. To ensure our communities' forests are healthy and stewarded for future generations, we need to protect, restore and sustainably manage forests across the commonwealth.

I attended the MVP award ceremony on August 30th and had the opportunity to meet Governor Baker and Lt. Governor Karen Polito. I also had a few moments afterwards to speak with Sen. Adam Hinds, Rep. Paul Mark, Sen. Jo Comerford about Rowe.



Governor Baker, Janice Boudreau and Lt. Governor
Karen Polito

The public is hereby notified that the Attorney General's office has approved Article 26 from the May 2022 Annual Town Meeting, which amends Article III, Section 5 of the bylaws as follows:

Article III, Section 5:

"Section 5: Treasurer-Collector

- a. The Board of Selectmen shall appoint a treasurer-collector for a term of three years, who shall be bonded, and who shall have all powers and duties under Massachusetts General Laws, Chapter 41.
- b. The treasurer-collector may, with approval of the Board of Selectmen, appoint an assistant treasurer-collector in accordance with Massachusetts General Laws, Chapter 41, §39A."

Paul McLatchy III, Town Clerk



Town Clerk

Submitted by Paul McLatchy III

Beginning the week of October 2nd, office hours will move to WEDNESDAY evenings from 6:00-8:00 and by appointment as many of the meetings I must attend for my full-time job tend to be on Thursday evenings. I will be out of town beginning Saturday, October 22nd and returning October 29th. I will not be available during that time, so if you need something from me, please make sure to touch base beforehand.

Thank you very much for all the people who turned out to vote at the state primary, and for the election workers who helped manage the polls. Many of the tellers worked for their first time at an election.

Vote-by-mail cards will be coming soon (if not already) to those who have not already submitted a request to vote by mail for the November election. You may still vote in person if you would like to, and there is no obligation to do so by mail. Ballots should be coming out mid-October if not sooner. The deadline to apply for a vote-by-mail ballot is 5:00 PM on Tuesday, November 1st.

The state general election will be on Tuesday, November 8th at the Rowe School in the gymnasium. The hours will be from 7:00 AM until 8:00 PM. There will also be four days of early voting, in accordance with the legislation passed earlier this year.

All early voting will be held at the town hall:

Saturday, October 22nd from 10:00-2:00

Thursday, October 27th from 6:00-8:00 PM

Saturday, October 29th from 9:00-11:00 AM and 3:00-5:00 PM**

Thursday, November 3rd from 6:00-8:00 PM

**Also serves as the voter registration sessions and the last day you can register to vote!

I wanted to give a brief overview of the role of registrars of voters. There are a total of four registrars in any given town in the state. One is the town clerk, and the other three are appointed by the Selectmen on the recommendation of the town clerk, with one being appointed annually for a term of three years. No more than two may be from any one political party. The primary function of the registrars is to certify nomination and petition papers. When these are submitted for certification, the town clerk confirms that the signatures contained on those papers are valid, registered voters by comparing it against the state voter system. These papers are then certified in open meeting by three of the four registrars in compliance with state-mandated timelines. Personal opinions about candidates and issues are prohibited from playing a role in certification. Signatures can only be disqualified for four reasons: the person signing has already signed papers (duplicate), the signature is so unclear we are unable to determine the name of the person signing it (illegible), no one by that name is registered at that address or the address is illegible, or the address given is not in Rowe (oftentimes the signer has a Rowe mailing address, but actually lives in another town). The Board of Registrars has a lot to do with the political process but is actually a very non-political office.

Assessor's News

Recent Property Transfers (Aug thru Sept 2022)

The following are recent property transfers in Rowe. Further details may be obtained by researching the specific deeds at the Franklin County Registry of Deeds website at masslandrecords.com/franklin

Deed Bk 8045 Pg 258, Crowningshield to Crowningshield/Larned, 245 Zoar Rd, \$1 (Map 205 Lots 003/004)

Deed Bk 8046 Pg 225, Appel/Feldman to Feldman Trust, Newell Cross Rd, \$1 (Map 202 Lot 016)

Deed Bk 8053 Pg 41, Besgen Investment Trust to Besgen, 198 Hazelton Rd, \$1 (Map 404 Lot 012)

Deed Bk 8055 Pg 95, Foshay Estate to Row, 19 Ford Hill Rd, \$1 (Map 201 Lot 013)

Deed Bk 8066 Pg 342, Slowinski to Potter, 124 Zoar Rd, \$375,000 (Map 407 Lots 005/045)

Come celebrate the fall season:

Rowe Fall-apalooza

October 22, 2022

10 am - Cemetery Tour with Rowe Historical Society

Meet at North Cemetery. Minimal walking. Come learn about the lives of former Rowe residents!

12 pm - Chili Cook-Off at the Rowe Town Library

Come show off your favorite chili recipe or come try someone else's!

Kids Halloween crafts, Cindy Stetson's vintage Halloween decoration exhibit, and more!

Follow the Rowe Town Library Facebook page for more details



Rowe Town Library News

Submitted by Molly Lane, Library Director

HOURS:

Tuesday 10-5 Wednesday 12-8 Thursday 3-7 Saturday 10-3

Have you been in to see Donnas' picks? Every couple weeks Donna picks a few books to order multiple copies of books she has researched and found to be highly recommended. Stop in for a quick read.



Winter is coming

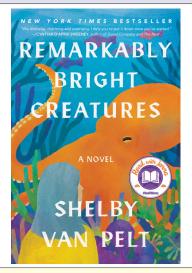
Programs:

Saturday October 22nd "Fallapalooza" –Chili cook-off, pumpkin carving/decorating, fall fuN!

More info to come

On display at the library all month is Cyndie Stetson's of Halloween decorations old and new!

Book Chat- October 12th @ 3:30 pm Pick up your copy of "Remarkably Bright Creatures" by Shelby Van Pelt



Felting Projects with Debra Boyd - September $21^{\rm st}$













School is in full swing at the Rowe School. It's been busy during our first few weeks. The students are happy to be back, and it's great to see kids' faces inside the school again. Students are meeting new friends, seeing old friends, meeting new teachers, seeing teachers they know, learning new procedures, learning new games, staying safe, and having fun, inside and outside! The staff has worked to get students outside as much as possible, which will become more complicated as the weather turns toward winter.

We had families in the school for our Open House in September, our first inside the school since 2019. Each class handled things slightly differently, displaying student work in a creative way, and showing and telling families what their students have been, and will be, doing. It was a great turnout, and it was nice to see students and their families at the school again.

We continue to be cautious about COVID, watching for symptoms and working with families and medical providers to keep everyone safe, the Rowe Board of Health continues to be a great support to us in this effort.

I also want to recognize the efforts of all the staff who have again reinvented the Rowe School, physically and from a teaching and learning standpoint, and are making it work every day. We could not be having in-person learning without the efforts of each of them. The families generally are more familiar with what the teachers and the teaching assistants are doing, which is both amazing and non-stop during the school day, but people behind the scenes like custodian Jim Bleau, kitchen wizards Kelly Phillips (our new Cafeteria Manager) and Mary Stafford, nurse Lydia Brisson, school secretary Laurie Laffond, and a host of others have also worked so hard to make this possible. And having the cooperation of the families keeping kids home when they're sick helps make it all work. I also want to acknowledge the help of everyone at the NBSU Central Office for helping us in various ways. If there's someone I've forgotten, please know you have our thanks.

As always, if you have questions or concerns, please call me at 413-512-5201. Volunteers are welcome in the school again, if you're interested, let us know! You can also email me at wknittle@roweschool. org. I look forward to hearing from you.

-Submitted by Bill Knittle





P2 boys

5/6 Grace



P3 Emmet

Death and Taxes

Submitted by Joanne Semanie

October is the month that brings us apples, pumpkins, falling leaves and Halloween. This year the Rowe Historical Society will present a cemetery walk on October 22nd with stories about the residents that lived and died in Rowe.

In a remote, rural area such as Rowe there was never a qualified embalmer or funeral director like we have today. It wasn't until about 1916 that the body of the deceased was removed to funeral parlor. Neighbors and family members prepared the body including making a wooden box for burial. In 1844 the G. A. Eddy Casket and Cabinet shop was built. It was located at the bottom of Browning hill adjoining the Shippee property on Zoar Rd. The museum owns interesting ledgers from this shop; the documents name people and list items purchased – a history in itself concerning the deaths of townspeople.



In the 1700s the casket was carried to the place of burial on the shoulders of some of the men in the community. Later a bier was made of a simple wooden frame for carrying the casket. The burial place could be a small family plot on the family owned land, a church yard cemetery or a town owned burial ground. All three types exist in Rowe. By 1800, the bier was giving way to the hearse and towns began looking into the purchase of this horse drawn convenience. A hearse necessitated a hearse house and such a shelter was generally built by the town.

In an old account book kept by the Selectmen from 1804 to 1860 it is noted: "June 14, 1851 – For building roads and purchasing hearse - \$242.00". Under the date, March 3, 1855 in this same account book is this notation: "Sale of old hearse and harness with other items at auction - \$40.00".

If hearses had vital statistics those for the Town Hearses of Rowe would read –

Hearse Number 1 - 1825 to 1851

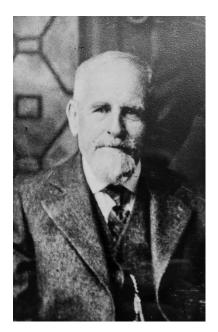
Hearse Number 2 - 1851 to 1883

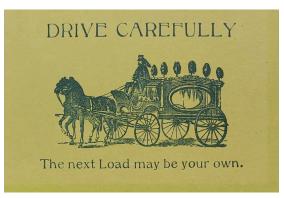
Hearse Number 3 - 1883 to 1916

Hearse Number 3 is still in existence.

Bought in 1883 by the town it was housed in a small shingle building which the town built the following year on Pond Road not far from its intersection with Middletown Hill Road. This hearse was always drawn by a team of black horses with a driver in dark clothes and a silk top hat.

H. Adna Hicks, a resident of Rowe for over sixty years was the driver of the hearse for many years. He drove its last trip February 9, 1916, leading the procession for the funeral of Mrs. Peter Sibley. For at least 40 years the old hearse stood in the old hearse house on Pond Road. By 1956 the old hearse house was rapidly going to pieces. The town voted to spend \$500.00 to build a new hearse house in the West Cemetery to shelter and protect the old hearse. The building was built but the hearse was not repaired. In 1966 that building was removed and the Historical Society was given custody of the hearse for preservation.







The hearse has been preserved and remains the centerpiece of the carriage house at the museum.

This card is framed and sits next to the hearse. It is a drawing of the same hearse in the Historical Society's care.

Take a walk through the cemeteries at the end of the month and learn about the residents that took their last rides in one of the town hearses. Their stories are interesting and are connected to so much of the town we still see today.



photo by Claudine Poplawski





photos by Steven Provost

Mushroom Foray

Early Saturday morning, September 17th, eleven residents and friends joined Melissa Pariseau for a morning identifying and foraging for mushrooms. Beginning at the Town Hall, Melissa led the group along the Pelham Brook Trail with frequent stops at the many species that had popped up during the recent rainfall. The forest floor, dead logs, and trees were teeming with all kinds of mushrooms and fungi. The group saw several species of milk cap mushrooms, puffballs, oyster mushrooms, a fawn mushroom, hoof fungus and many other species!

Looping back on Pond Rd from the Browning Bench, the group concluded their fantastic morning with bags and handfuls of edible species to take home and a better understanding of the awesome mushrooms and fungi that grow in our backyard!

Submitted by Hannah Poplawski



photo by Ellen Miller

'Sizing Up' Exercise

Submitted by the Town Nurse

As mentioned in the September Goal Post, successful weight loss is dependent on BOTH diet AND exercise. Exercise remains an important factor in continual and healthful weight loss, as well as weight maintenance and overall physical health. Increasing your daily physical activity will help you build up muscle, increase bone density and provide numerous, long-lasting cardiac and respiratory benefits (it is also great for mental health)!

Below you will find some important tips for beginning an exercise program or routine:

- <u>Set realistic goals</u>- it may take more time than you think to achieve your desired outcome, but be patient and set realistic short AND long-term goals that are attainable.
- <u>Be consistent</u> it is all to easy to make up excuses for why you can't fit in your exercise regimen...make your exercise a priority!
- <u>Train with a friend</u> training with a partner will make your exercise more enjoyable and keep you motivated. It also may make it less likely that you will skip out on your exercise, as you might not want to let your friend down.
- <u>Keep things new and interesting</u> try different workouts or types of exercise. Alternate between cardio and weight-training to help build up different muscles and prevent exercise boredom. Remember you don't always have to go for a run and lift weights; It might be fun (and challenging) to try hiking, biking, swimming, kayaking, yoga, zumba, kick boxing, etc.

Always remember to warm up, cool down and drink plenty of fluids during exercise. Don't let the first days and weeks of muscle aches and other discomforts hinder you- it does get easier with time!



Sidenotes:

The first FOOT CLINIC (Footcare by Nurses) hosted by the Council on Aging, is scheduled for Thursday October 6th. Subsequent foot clinics will then be held the 1st Thursday of each month as able (next clinic Thursday, November 3rd). It is by APPOINTMENT ONLY and will be on a first come, first serve basis for those in need and if there are subsequent clinics, then the residents who were not able to be seen at this clinic will have first priority. The clinic will be located in the Town Hall. please be 5-10 minutes early for your appointment time. A NEED is quantified as someone who is UNABLE to reach their own feet or UNABLE to do foot care for other medical/physical reasons and/or has significant concerns relating to diabetes, peripheral vascular disease, or neuropathy.

**please call the Town Nurse at (413) 339 5520 ext 107 to register and receive an appointment time...leave a message if there is no answer.

FLU AND COVID VACCINATION CLINIC - OCTOBER 20th, 2022 12-4pm ROWE ELE-MENTARY SCHOOL - ALL ARE WELCOME! Register by going to www.frcog.org/covid or click the direct link provided on the Town's Website. Please bring your vaccination AND insurance cards with you. Any questions - call the Town or School Nurse.

There may be limited availability of FLU vaccine in the Town's Nurse office so this vaccine clinic is a no-brainer!

The wellness clinic (wellness screenings, vaccinations, falls/balance training, and nutrition) is tentatively scheduled for December 8th, 2022. You do not have to register, but if you would like to call and state you are attending that would be great so we can be prepared for the numbers.

There is a needle box exchange available at the Town Nurse's office.

From the Beautification Committee

Knowing we all have so much to do in our own lives with work, families, work at home - I had some thoughts. Will you or can you please spare just a few hours a month to help weed, plant, or clean out our flower beds throughout the town? It would be so helpful to the Rowe Beautification Committee who is trying to spruce up and give our town a variety of flowers and colors as we and our guests drive through town. Please let Cyndie Stetson know at 413-339-4231 if you would like to assist in any way.

Also, would a kind resident please weed whack around the flower barrel as you come into town? Thank you so much.

Submitted by Cyndie Stetson

TOWN OF ROWE Board of Health boh@rowe-ma.gov

(413) 339 - 5520

P. O. Box 464

Rowe, MA 01367

October 28, 2022

Dear Rowe Resident,

In an effort to reduce the volume and toxicity of trash disposed of in Massachusetts and ensure consistent volumes of materials for recycling markets, the Massachusetts Department of Environmental Protection (MassDEP) has implemented waste bans on certain hazardous, recyclable, and compostable materials. MassDEP is adding textiles and mattresses to the list of materials that are banned from disposal.

Effective November 1, 2022, disposal of all mattresses will not be accepted at the Rowe Refuse Gardens. FRCOG has designated the Colrain Transfer Station as the collection hub for clean dry mattresses in our area. If you need to dispose of a mattress, it may be brought to the Colrain Transfer Station at: 7 Charlemont Road in Colrain for a fee of \$35.00. The Colrain Transfer station is open every Saturday from 8:00 am to 4:00 pm.

If you have any questions regarding this new law, please contact the RecyclingWorks Hotline at (888) 254-5525 or info@recyclingworksma.com.

Best regards,

Rowe Board of Health

Herb Butzke, Chair

Daniel Ponlawski

Joanne Semanie



The Rowe Center is pleased to offer residents and those who work for the town the opportunity to experience one of our weekend workshops, either online or on-site, once a year free of charge. For more information about programs. or to register, please go to our website rowe. center/programs/ or call our registrar at 339-4954.

On-Site Programs

September 30-Oct 2 Coming Home to Your Heart with Edward Espe Brown

October 7-10 A Feast of Losses: Turning Towards Ageing, Death, and Letting Go with Kim Rosen

October 7-10 Exploring the Stories That We Tell with Sherri Mitchell and Tim deChristopher

October 14-16 Your Untold Story: Writing as a Path of Awakening with Mark Matousek

October 21-23 Drawing Out Your Soul: Opening to Creative Flow through Touch Drawing with Deborah Koss-Chapin

October 28-30 Mystical Healing Paths in Ordinary Life: A Contemplative Retreat with Mark S. Burrows

Online Programs

October 2 Thirteen Ways to Make a Poem from Your Life: An Online Masterclass with Ellen Bass October 3-24 Writing from the Ancestors: Honoring the Celtic Feast of Samhain with Christine Valters Paintner

October 7-November 4 Facing the World with Soul with Francis Weller

October 14-16 A Wild Woman Weekend Retreat to Unleash Your Full Femine Power with Mary Reynolds Thompson

October 22 Couples Date Night: Come and Play with Your Lover with Sara and Thomas Stout

Free Online Programs

October 5 Fermentation Journeys with Sandor Katz

October 9 Radical Gratitude & The Practice of Praise: An Introduction and Q and A with Erin Geessaman Rabke

October 10 A Gathering of Grandparents with Jane Isay

October 18 An Online Sacred Circle for Those Who Have or Have Had Cancer with Sylvia Murphy

October 26 A Gathering of Warriors During Global Crisis with Charlie Pacello and Chuck Blocher

Lost glasses found at Refuse Gardens

Contact: Janice Boudreau 339-5520 ext. 100



Rowe Community Church

Submitted by Ros Mullette

October

- 2 Worship & Observance of The Lord's Supper
 - 9 Worship & Praise Service
- 16 Worship & Praise Service
- 23 Worship & Praise Service
- 30 Worship & Observance of Reformation Sunday

October Birthdays

- 1 Sean Loomis
- 3 Faith Travis
- 4 Clifford Page
- 5 Arlene Andognini
- 6 Daniel Pallotta
- 7 Rebecca Boutwell
- 8 Dave Arney
- 10 Kirsten Foberg
- 11 Nancy Plante
- 11 Lawrence Lesure
- 11 Wayne Zavotka
- 12 Chris Tower
- 13 Bob Rice
- 13 Jenn Morse
- 15 Oral Jackson
- 15 Tabitha Hyytinen
- 15 Courtenay Brines
- 16 Jasmyne Ostrowski
- 18 Ken Fensky
- 19 Arthur Corarito
- 19 Russ Jolly
- 20 Peter Columbus
- 20 Rachel Richardson
- 22 Roman Kichorowsky
- 23 Darline Upton
- 23 Edward Silva
- 26 Shirley Veber
- 28 Rob Williams
- 28 Mary Veber
- 28 Buster Reed
- 28 Leslie Bauer
- 28 Susan White
- 30 Benjamin Werner
- 31 Erin Laffond



Town Services

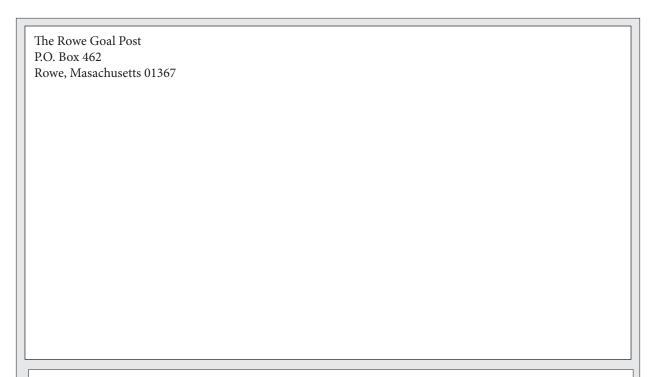
Town Main Line at 413-339-5520

Position/Dept.	Ext #	Email Address	Hours	
Admin Assistant	101			
			717 10 7 1 1 1	
Assessors Office	104	assessor@rowe-ma.gov	Wed 8-1 or by Appt	
Board of Health	105	boh@rowe-ma.gov	Tues 8-1 Clerk	
DPW	111	dwphighway@rowe-ma.gov (339	9-5588)	
Executive Secretary	100	townadmin@rowe-ma.gov	Mon-Thurs 9:30-5:00	
Fire Dept	112	firechief@rowe-ma.gov (339-4001)		
Fitness Room	149			
<u>Library</u>	114	rowelibrary@gmail.com	Gues: 10-5 Wed: 12-8 Thu: 3-7 Sat: 10-3	
<u>Park</u>	110	parkmanager@rowe-ma.gov (339-8554)		
Police	113	policechief@rowe-ma.gov (339-8340)		
Tax Collector	106	collector@rowe-ma.gov	Mon-Wed: 9:00-5:00	
Town Accountant	102	accountant@rowe-ma.gov	By Appt.	
Town Clerk	103	townclerk@rowe-ma.gov	Wed: 6-8:00pm or by Appt.	
Town Nurse	107	nurse@rowe-ma.gov Mon	n: 8-4, Wed: 10-6, and Thurs: 8-4	
Transfer Station		Sat: 8- 2:00pm, Sun	: 8- Noon, Wed: 7 -10am & 4 - 7pm	
Treasurer	108	treasurer@rowe-ma.gov	By Appt.	
School	(413) 5	413) 512-5100		

Town Hall is open for normal business hours 9:30 a.m. to 5:00 p.m. Monday-Thursday MASKS REQUIRED TO BE WORN IN ALL INDOOR TOWN PUBLIC SPACES - Per Board of Health as of 09/08/21

Please contact Executive Secretary at: (413)339-5520 ext. 100 for appointments whenever possible.

Seasonal resident MUST notify the Executive Secretary of any change in address.



The Rowe Goal Post

Available on the Town's website (https://rowe-ma.gov/p/64/Rowe-Goal-Post) the first of every month with paper copies sent out by mail the first week

Published by the Board of Selectmen 'in the interest of information exchange between all departments and all Rowe citizens.'

All submissions for the next issue are due by the 25th. Any articles received after this time cannot be guaranteed that they will appear in the next issue.

Please e-mail all items to: GoalPostEditor@gmail.com

Please send only high resolution images (do not resize).

If you have a question about your subscription or want to make a change to the mailing list, please contact the Town Administrator at:

(413) 339-5520 x100 admin@rowe-ma.gov

Seasonal residents MUST notify the Administrator of any change in address.